WINNIPEG metro®

NEWS WORTH SHARING.

INSTALL A NEW FURNACE/AC UNIT WITHOUT PAYING MORE – PAY AS YOU SAVE

Guaranteed lowest price in Winnipeg for World's Best Carrier A/C or Furnace

UP TO $5000 CASH BACK TOWARDS FINANCING

NO INTEREST NO PAYMENTS FOR UP TO 1 YEAR (O.A.C.)

DON'T WAIT!

Call Us Now! 204-951-3073 1-888-829-1875

constanthomecomfort@live.com 1123 Empress Street

ezmarketing.ca

The only cross border shopping site you need!

Greater Grand Forks • Fargo-Moorhead • Twin Cities & Area • EZ Golf Guide

Weather widget for all our destination cities!

North and Southbound border wait times at a glance!

Links to Canadian and US border information.

Links to MB, ND and MN. Highway conditions!

BACK FOR ANOTHER BITE

WHAT'S SCARIER THAN SHARKS? SHARKS IN A TORNADO! THE MAKERS OF THE SMASH INTERNET HIT SHARKNADO PROMISE A SEQUEL NEXT YEAR

PAGE 21

A MATTER OF HONOUR

Jo Seenie, left, and Jenna Licious of Keewatin Otiijak drum group perform on Thursday during Winnipeg's #HonourTheApology rally at The Forks. Demonstrators across Canada called on Ottawa to release all documents pertaining to residential schools to the Truth and Reconciliation Commission.

SHANE GIBSON/METRO

Turn yourself in, police urge missing mom

Presumed alive. Police say they are concerned for Lisa Gibson's well-being

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Winnipeg police are appealing to a mother whose two young children were found unresponsive in their home to call them or turn herself in — if she is still alive.

Police spokesman Const. Eric Hofley said that since police released a photograph of Lisa Gibson, 32, on Wednesday afternoon, they have received several tips of sightings.

None of them, however, have led to Gibson.

"The search is continuing. We have ground search and rescue out. Air-1 has been deployed," Hofley said during a press conference on Thursday, adding that the search is concentrated near the family's Westwood home.

"Unfortunately, (Wednesday) with the low cloud cover, the low ceiling, it wasn't ideal but certainly they have been out and assisting with the search."

Hofley said emergency personnel are on the Assiniboine River, though divers have not been dispatched.

Police have spoken to family members, including Lisa Gibson's husband, Brian, but Hofley said he did not know what Brian Gibson may have told investigators.

"This is tragic beyond belief," Hofley said, adding that police do not feel there is a public-safety issue.

"Should she come across the media, or see this, absolutely (she should turn herself in), for her own well-being as well. We don't know the circumstances fully of what's transpired here. Again, our concern right now is for the safety and well-being of Ms. Gibson. After that, wherever the investigation should lead, we'll deal with that then."

No more information was given on how the children — Anna, 2, and Nicholas, about three months old — died, where they were found or who made the 911 call that morning.

Police were called to the Gibson home at about 8 a.m. on Wednesday and discovered a toddler and baby in critical condition.

A source told Metro that the children were taken to the Children's Hospital with no vital signs and that they appeared to have drowned in the bathtub.

WITH FILES FROM THE CANADIAN PRESS

Loved Ones deserve only the best

VOYAGE FUNERAL HOME & CREMATORIUM

FAMILY OWNED & OPERATED

If you were to die today, who would follow through with your final wishes?

Preplan today for peace of mind tomorrow.

220 Hespeler Ave. 204-668-3151

1577 Pembina Hwy. 204-284-7500

1073 St.Mary's Rd. 204-284-7500

SATURDAY, JULY 27 TO MONDAY, JULY 29

Get

18,500

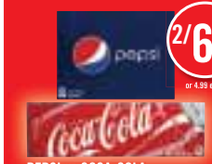
SHOPPERS OPTIMUM BONUS POINTS®

WHEN YOU SPEND $75 OR MORE† ON ALMOST ANYTHING IN THE STORE.

THAT'S A $25 SAVINGS VALUE!

FREE feels good™

PLUS 6 days of savings Saturday, July 27 to Thursday, August 1



2/6.99 or 4.99 each

PEPSI or COCA-COLA BEVERAGES 12 x 355mL
Selected Flavours
Limit 4
+ Deposit & Enviro Levy where applicable

6.99 each

ROYALE DOUBLE (16 Roll) or MEGA (12 Roll) BATHROOM TISSUE
Limit 4. After limit 8.99

22.99 each

HUGGIES or PAMPERS SUPER BOXED DIAPERS
Selected Types & Sizes

HUGGIES or PAMPERS BABY WIPES
Selected Types & Sizes - 6.99

6.99 each

TAMPAX TAMPONS (40's), ALWAYS PADS (20's - 48's) or LINERS (60's - 120's)
Selected Types

4.49 each

TRESEMMÉ SHAMPOO or CONDITIONER 700mL - 900mL
Selected Types

99¢ each

G•U•M MANUAL TOOTHBRUSH (1's), AQUAFRESH (90mL) or COLGATE TOTAL (85mL) TOOTHPASTE Selected Types

7.99 each

LIFE BRAND COMPLETE MEAL REPLACEMENT (6 x 235mL) or ON THE GO (6 x 237mL) SHAKES
Selected Types

30% off*

LIFE BRAND VITAMINS or NATURAL HEALTH PRODUCTS
Selected Types & Sizes

15.99 each

BENADRYL ALLERGY CAPLETS (100's), REACTINE ALLERGY LIQUID GELS (25's) or TABLETS (30's - 36's)
Selected Types

3.49 each

LADY SPEED STICK STAINGUARD (65g - 76g) ANTIPERSPIRANT/ DEODORANT, IVORY (709mL) or OLAY (295mL - 400mL) BODY WASH
Selected Types

6.99 each

HEAD & SHOULDERS CLINICAL (420mL) or SHAMPOO (700mL)
Selected Types

4.99 each

BELLE COLOR HAIR COLOUR
Selected Types

30% off*

RIMMEL LONDON LASTING FINISH PRO NAIL ENAMEL, SALLY HANSEN NAIL TREATMENTS or ENAMEL
Selected Types

50% off*

SELECTED SUMMER TOYS, PATIO FURNITURE, DECOR or ACCESSORIES
While quantities last. No rainchecks

While quantities last. We reserve the right to limit quantities. *Our regular price. †Offer valid on the purchase total of eligible products using a valid Shoppers Optimum Card® after discounts and redemptions and before taxes from Saturday, July 27 to Monday, July 29, 2013 only. Maximum 18,500 points per offer regardless of total dollar value of transaction. Excludes prescription purchases, products that contain codeine, non-pointable items, tobacco products (where applicable), lottery tickets, stamps, transit tickets and passes, event tickets, gift cards, prepaid card products and Shoppers Home Healthcare® locations. Offer applies to photofinishing services that are picked up and paid for on the days of the offer only. Not to be used in conjunction with any other points promotions or offers. See cashier for details. Shoppers Optimum Points® and Shoppers Optimum Bonus Points® have no cash value but are redeemable under the Shoppers Optimum and Shoppers Optimum Plus programs for discounts on purchases at Shoppers Drug Mart. The savings value of the points set out in this offer is calculated based on the Shoppers Optimum Program® rewards schedule in effect at time of this offer and is strictly for use of this limited time promotion. The savings value obtained by redeeming Shoppers Optimum Points will vary depending on the Shoppers Optimum Program reward schedule at time of redemption and other factors, details of which may be found at shoppersdrugmart.ca. ® 911979 Alberta Ltd.

SHOPPERS DRUG MART®

Secret donor gives Bombers season tickets to charity

Sgt. Danny Boyko says kids who once shunned the 4Life program and Winnipeg police mentors are now embracing it. BERNICE PONTANILLA/METRO

'Forming relationships.' 4Life program about steering youth away from gangs

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

An anonymous donor's gift of 20 Winnipeg Blue Bombers season tickets is being celebrated by police and members of a charity working with inner city kids.

"It's all about the kids here … It's hard not to get misty-eyed when you listen to the kids cheering and you actually get the chance to interact with these kids at the (Bomber) games," said Sgt. Danny Boyko on Thursday at the Public Safety Building.

"We're forming relationships with these kids and we're actually grooming these kids and mentoring these kids at every single level: from elementary, middle school and high school, grabbing those kids before the gangs do."

The 4Life Foundation, a non-profit charity, teamed up with Winnipeg police about five months ago to organize programs at six schools, including a summertime drop-in program at Dufferin School.

The donation means the kids will be rewarded for their participation in and commitment to the 4Life program.

Boyko said that when the program launched, they had youth who wouldn't step foot in the gym to join the 4Life activities because there were uniformed officers.

"Now those same kids are actually asking how they can become police officers in the future," said Boyko, who himself grew up in a violent household where there was abuse.

Early-childhood strategy ensures lifelong success: Min.

The Manitoba government started a dialogue on an early childhood development strategy at the Aboriginal Centre of Winnipeg on Wednesday.

This first meeting, which saw more than 200 attend, is meant to encourage Manitobans across the province to join in on the conversation, said Children and Youth Opportunities Minister Kevin Chief.

"Research shows that what happens during the early years can strongly influence a child's success in school and in life," Chief said in a press release.

"We all have a role to play in making sure we provide the best possible opportunities for our children."

As part of this strategy, called Starting Early, Starting Strong, Chief will travel to other communities across Manitoba and meet with various stakeholders, such as leaders from the aboriginal community and the business sector.

Chief said the meetings will also provide an outlet to educate people on which early childhood programs are already available to them.

Wendy Hallgrimson, youth co-ordinator of the Winnipeg Aboriginal Sport Achievement Centre, said that as an expectant mom, "I know firsthand how these programs are already helping me and my family."

BERNICE PONTANILLA/METRO

Minister Kevin Chief with Wendy Hallgrimson of the Winnipeg Aboriginal Sport Achievement Centre, at the Starting Early, Starting Strong launch. BERNICE PONTANILLA/METRO

Going for gold. 'Peg teen representing Canada at World Dwarf Games

A Winnipeg teenager is the only Manitoban athlete putting on the red-and-white jersey next month to be among 30 other Canadians representing the country at the 2013 World Dwarf Games.

Vivek Bhagria, 18, who stands 4-feet-one-inch tall, told Metro that although he's been active in sports his whole life, the games will be the first chance he's ever had to square-off against others his height.

"It's always been a challenge because everyone I play against is a foot or two taller than me," said Bhagria, who hopes experience might help his odds at the games, which run Aug. 3 to 10 at Michigan State University. "It'll be more fun for me, and probably easier."

Bhagria just graduated from Dakota Collegiate, and it was his gym teacher who first told him about the games and encouraged him to take part.

While it's his first time competing internationally, Bhagria is certainly not starting slowly — he's participating in 11 of the game's 13 events— including soccer, basketball, volleyball and badminton.

Vivek Bhagria, 18, shows off with a bicycle kick. SHANE GIBSON/METRO

"I'm trying to win gold and make my country proud," he said.

And the trip is about more than just sports for Bhagria, who said he's been bullied in the past because of his height.

"I'm looking forward to meeting other people like me, getting to know them and seeing what they're going through," he said. "Who knows, maybe I'll even find a girl."

SHANE GIBSON/METRO

Simcoe Street

Police raid of West End home nets cocaine, OxyContin

A Winnipeg woman is facing drug-possession and trafficking charges after police raided a home on Simcoe Street in the West End on Tuesday.

A woman at the home was arrested. Police said their search found cocaine, OxyContin and $2,160 in cash. METRO

Two women face charges

Cadets foil alleged robbery attempt

Winnipeg police said alert cadets on foot patrol helped nab two suspects after an alleged robbery attempt.

The incident took place at about 6 p.m. on Wednesday, when the cadets were patrolling in the area of Edmonton Street and Qu'Appelle Avenue and saw a woman allegedly being robbed.

When the suspects saw the cadets, they fled. METRO

Theresa Hurtubise and her daughter, Cleo Hurtubise-Gates, 2, demonstrate the proper way to put a child into a car seat. Under new legislation going into effect next month, booster seats will be required for kids up to nine years old. SHANE GIBSON/METRO

Keep them in kiddie seats until they're nine: New law

Take a seat. Protective booster seats legislation will come with fines as high as $300

SHANE GIBSON
shane.gibson@metronews.ca

The Province of Manitoba is hopeful new legislation requiring booster seats for kids who have outgrown car seats but are too small for regular seatbelts will save lives.

"We've been encouraging it, and now we have the regulation in place so the law is there," Jim Rondeau, minister of healthy living, seniors and consumer affairs, said on Thursday. "The law is very specific — if you have a child we expect you to have a booster seat."

A release from the province said kids restrained with a seatbelt alone are three-and-a-half times more likely to be injured in a crash and a little more than four times more likely to suffer a head injury.

Details

- The legislation, which becomes law on Aug. 8, will require children to be at least four-foot-nine, weigh at least 80 pounds or be at least nine years old before graduating from the protective booster seats.
- The province currently requires car seats to be used up until kids turn five or weigh 50 pounds.

Booster seats help prevent these injuries by simply raising children up in their seats, properly positioning them for their seatbelt, Rondeau said.

He said drivers caught not following the new rules will be given a warning for the first little while after the law goes into effect, but, when enforced, tickets for not using a booster seat will be as high as $300.

RBC Royal Bank

MUCH MORE FOR $4

For $4 a month, RBC Day to Day Banking® gives you more for every dollar.

Get up to $100 in gift cards†.

VISIT AN RBC BRANCH AND SWITCH TODAY!
rbc.com/daytoday
1-866-335-2395

Advice you can bank on™

®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. † To get $100 worth of gift cards/certificates, you will need a total of 12,000 RBC Rewards® points. To learn how, and for full offer details, go to rbc.com/termsandconditions.

Squeaky Clean

CLEAN UP YOUR ACT
SimplyRecycle.ca

MMSM
Multi-Material Stewardship Manitoba
Industry funding recycling

vitahealth est 1936
FRESH MARKET

fresh Values!

NOW ON SALE

July 18th – August 4th, while quantities last.
Product may vary from store to store.

HOT, HOT DEALS

PRECISION WHEY PROTEIN 375-850g

ALL NATURAL NEW ZEALAND SOURCE

Features a gently processed, virtually lactose free whey protein concentrate imported from New Zealand – renowned for being the cleanest and purest in the world.
375g- Reg. $22.99
850g- Reg. $44.99

SALE 375g 19.99 SALE 850g 39.99

PRAIRIE NATURALS ENZYME-FORCE & GLUTEN DIGEST-ZYME 60-120 VCAPS

Enzyme-Force SALE 31.99
Gluten Digest-zyme SALE 19.99

PROMOTES HEALTHY DIGESTION

NON-GMO and Vegan. Assists in the breakdown of difficult-to-digest foods, proteins, carbs, fats and fibre.
Enzyme Force- Reg. $35.99 Gluten Digest- Reg. $21.99

EARTH MAMA ANGEL BABY 16s, 60-160mL

SAFE FOR PREGNANCY, IDEAL FOR THE WHOLE FAMILY

Made with only pure, plant-based, worry-free ingredients - naturally.
Reg. $6.49-21.49

SAVE 20% NEW

NATURAL FACTORS CHIAFACTORS 360g

WHOLE FOOD NUTRITION

Excellent source of vegetarian protein, high in dietary fibre and a source of essential fatty acids, antioxidants, vitamins, and minerals.
Reg. $14.99

SALE 11.99

RENEW LIFE ULTIMATE FLORA COLONCARE 30 VCAPS

SERIOUS COLON SUPPORT!

Formulated for people with bowel conditions. Each capsule delivers 80 billion beneficial bacteria from 10 strains that help to rebalance the bacteria in the bowel and lower inflammation.
Reg. $53.99

SALE 42.99

JĀSÖN® BODY WASHES 877mL-887mL

PURE NATURAL BODY WASH

Specially formulated to balance, purify and soothe your skin. *Reg. $14.99*

SALE 11.99

INNOTECH CARDIOFLEX STICK PACKS 10s

SALE 16.99

CARDIOFLEX Q10

An elite Vitamin C and Lysine formula based on Dr. Linus Pauling's collagen theory. Helps to maintain cardiovascular health and fitness. Great for your circulation, heart, arteries, and energy levels.
Reg. $18.99

LUNDBERG RICE CAKES 241g

SALE 3.99

A WHOLESOME, HEALTHY-FOR-YOU SNACK

Non-GMO and made with 70% organic ingredients. *Reg. $4.99*

RENEW LIFE CLEANSEMORE 60-120 VCAPS

SALE 60s 17.99 SALE 120s 26.99

WHEN NATURE DOESN'T CALL

A powerful colon cleansing product that works without the use of harsh, purgative type laxatives which can be addictive. Effective for relieving occasional constipation.
60s- Reg. $19.99 120s- Reg. $29.99

HIMALAYA GARCINIA 60 CAPS

CHOLESTEROL SUPPORT AND WEIGHT MANAGEMENT

Himalaya Pure Herbs Garcinia can help support natural, effective weight control as part of a regular diet and exercise lifestyle.
Reg. $17.99

SALE 14.99

GT'S KOMBUCHA 480mL

SALE 3.29

RETHINK YOUR DRINK

Finest and freshest ingredients nature has to offer. *Reg. $3.99*

HEALTH FIRST CAL-MAG SUPREME 60-120 TABS

NEW
SALE 60s 24.99 SALE 120s 44.99

WITH ALGAECAL®

A "whole source" calcium supplement backed by science.
60s- Reg. $29.99 120s- Reg. $54.99

CANADIAN HERITAGE ORGANICS MAPLE SYRUP 500mL-1L

TASTE THE DIFFERENCE HISTORY MAKES

Canada's finest natural sweetener, over 300 years in the making.
500mL- Reg. $15.99 1L- Reg. $31.99

SALE 500mL 14.79 SALE 1L 28.99

SIERRASIL JOINT FORMULA 90 CAPS

HEALTH YOU CAN FEEL™

SierraSil® is an effective natural supplement that is clinically proven to support joint health and mobility. *Reg. $34.99*

SALE 27.99

MAISON ORPHEE MUSTARD 250-500mL

DRESS UP YOUR BBQ!

Maison Orphee mustards are made with the finest ingredients to create an authentic old world flavour.
250mL- Reg. $3.49
500mL- Reg. $5.99

SALE 250mL 2.99 SALE 500mL 4.99

HOLISTIC BLEND PET FOOD 3lb-35lb

SAVE 10%

MADE WITH THE FINEST INGREDIENTS YOUR PETS DESERVE

Wholesome ingredients, no preservatives, made in Canada.
Reg. $12.99-67.99

Complimentary Organic Pancake Breakfast

Saturday, August 10
9:00 am-11:00 am
at Osborne FRESH MARKET,
1-166 Osborne St.

vitahealth est 1936 FRESH MARKET
204 984-9599
myvita.ca

NEW WESTWOOD STORE 3500 PORTAGE AVE. NOW OPEN!

CUSTOMER APPRECIATION DAY TODAY 10% OFF* IN-STORE!

*APPLIANCES, DAIRY, DELI, PRODUCE AND WATER 5% OFF

Premiers vow to fight jobs training scheme

Ontario Premier Kathleen Wynne at the Council of the Federation summer meeting in Niagara-on-the-Lake, Ont., Thursday. AARON LYNETT/THE CANADIAN PRESS

Controversy.
New plan would require provinces to cough up more than half a billion dollars

Canada's provincial and territorial leaders vowed Thursday to fight Ottawa's controversial plan to fund jobs training for workers, saying the new scheme would require them to come up with more than half a billion dollars in extra cash.

There's concern across the board over the Canada Job Grant, said Ontario Premier Kathleen Wynne, who is hosting the Council of the Federation meeting.

The Harper government wants to divert some of the money it gives to the provinces and territories to the new program, which would provide a grant of $15,000 per worker. The provinces and territories, as well as the employers, would each kick in $5,000.

But the premiers are worried that it won't give them enough flexibility to direct the money where it's needed most and could jeopardize existing provincially run programs. Small businesses aren't interested in taking part in this program either, Wynne said.

Premiers' response

"There really was a very strong feeling that the program as it exists won't work."
Ontario Premier Kathleen Wynne

THE CANADIAN PRESS

If you took the quit smoking drug CHAMPIX between April 2, 2007 and May 31, 2010, your rights could be affected by the certification of a class action. Please read carefully.

The Ontario Superior court has certified a class action for Canadians who took Champix between April 2, 2007 and May 31, 2010 and allegedly suffered certain reactions. The Representative Plaintiff is Kenneth Parker.

What is the Class Action About?

The lawsuit seeks compensation for all class members. It alleges that, between April 2, 2007 and May 31, 2010, Pfizer Canada Inc. failed to adequately warn of the risk of certain psychiatric adverse events allegedly related to Champix.

Pfizer Canada Inc. denies the allegations, which have not been established, and is defending the lawsuit.

Who is Included in the Class Action?

All persons in Canada who took Champix during the period from **April 2, 2007 to May 31, 2010** and who, while taking or after taking Champix to help quit smoking, experienced any of the psychiatric adverse events or symptoms listed below:

- thoughts about suicide or dying
- attempts to commit suicide
- new or worse depression, anxiety or panic attacks
- feeling very agitated or restless
- acting aggressive, being angry or violent
- acting on dangerous impulses
- an extreme increase in activity and talking (mania)
- abnormal thoughts or sensations
- seeing or hearing things that are not there (hallucinations)
- feeling people are against you (paranoia)
- feeling confused
- other unusual changes in behaviours

If you are a person who fits the above description, you are a member of the "Class". If you are a relative of a member of the Class who is entitled to make claims under any of the Dependants Statutes in Canada as a result of the death or personal injury of your relative, you are a member of the "Family Class".

If you are a Class member or Family Class member you do not need to do anything at this stage to participate – you are automatically included in the class action. You are encouraged however to contact Class Counsel for more information, and to discuss the steps necessary for preserving medical records that may be needed for any claim that may be advanced on your behalf.

You Must Opt-Out if You Do Not Want to Participate

If you do not want to be part of this lawsuit you must notify Class Counsel at the address below, in writing, by no latter than September 20, 2013, providing your name and address and indicating that you do not want to be part of this lawsuit.

If you are a Class member or a Family Class member and do not exclude yourself by that date you will be included in this lawsuit and will be forever bound by the court's judgment on the common issues, whether favourable or not.

What are the Financial Consequences?

If the action is not successful on the common issues, no class member will be responsible for legal fees or costs. The Representative Plaintiff has entered into a contingency fee agreement with Class Counsel for the legal work on the common issues. Class Counsel will be paid only if the action is successful.

If the class is successful at the common issues trial, further proceedings will be necessary for individual Class members to prove their own personal claims. Class members may be responsible for the costs of proving their own claims, and may wish to hire a lawyer to assist them with these further proceedings. Class Counsel is available to be hired by class members on a contingency basis, or class members may hire another lawyer of their own choosing.

For More Information

For more information, please contact one of the firms listed below as Class Counsel:

Ontario
McPHADDEN SAMAC TUOVI LLP
Suite 300 – 8 King Street East
Toronto, ON M5C 1B5
Tel: 416-601-1020
www.mcst.ca
bmcphadden@mcst.ca

Alberta
DOCKEN KLYM
900, 800-6th Ave. SW
Calgary, AB T2P 3G3
Tel: (403) 269-3612
www.docken.com

Québec
LAUZON BÉLANGER LÉSPERANCE
100-286 Saint-Paul West
Montreal, QC H2Y 2A3
Tel: (514) 844-4646
www.lblavocats.ca

British Columbia
KLEIN LYONS LLP
400- 1385 W. Broadway
Vancouver, BC V6H 4C1
Tel: (604) 874-7171
www.kleinlyons.com

This notice has been authorized by the Ontario Superior Court of Justice. Do not contact the Court.

Presents for a prince. Mukluks, blanket among Canadian gifts

It may be a while before Prince George pays a visit to Canada, but the country's future king already has plenty of symbolic homegrown mementoes.

On their official website, Prince William and his wife, Kate, expressed gratefulness for the gifts they've already received for their newborn son but suggest well-wishers instead support those in need, such as a local children's charity.

Canada appears to be heeding the call. Prime Minister Stephen Harper announced a donation by the government of $100,000 to a Canadian child-focused charity to be named at a later date.

The young prince could soon be swathed in a Canadian handcrafted blanket, an additional gift Harper said is "reflective of our country's rich and diverse culture."

Fashioned from cream-coloured qiviut (muskox wool) with a white border, the Canadian coat of arms and Prince George's birthdate will be embroidered on the blanket, which is in the process of being made.

"These gifts symbolize our warm ties to our Royal Family, honouring our close and enduring relationship," Harper said in a statement Thursday.

Harper and his wife, Laureen, and Gov. Gen. David Johnston and his wife, Sharon, are also offering a personal present to the infant heir to the throne: a selection of Canadian children's books in both official languages.

Manitobah Mukluks, a gift from Shawn Atleo, national chief of the Assembly of First Nations. THE CANADIAN PRESS

THE CANADIAN PRESS

Pay it forward

Good Samaritans spread some caffeinated cheer

Coffee was flowing free for hundreds of Canadians at three Tim Hortons locations Thursday as the act of one Good Samaritan appeared to precipitate a wave of copycat java generosity. Since Monday at least five cases of coffee philanthropy have been reported: one in Red Deer, Alta., Calgary and Ottawa, and two in Edmonton. THE CANADIAN PRESS

Criminal activity

Canada's police-reported crime rate falls again

Canada's police services are once again reporting fewer crimes, a continuing trend that has cut the national crime rate to its lowest level since 1972. The police-reported crime rate fell by three per cent in 2012 compared with the previous year, Statistics Canada reported Thursday. The severity of crimes was also down. THE CANADIAN PRESS

Offer ends September 15.

It'll knock you off your feet.

Celebrate the launch of **4G LTE** with an additional **$50 trade-in credit.**

BlackBerry® Q10

Our fastest network service* is now in Winnipeg.
To celebrate, trade in your old phone and get an additional $50 in-store credit on top of your phone's regular trade-in value to use towards any new smartphone.†

Experience the speed of 4G LTE. Visit a TELUS location.

TELUS
the future is friendly®

For more details, call 1-866-264-2966.

BLACKS

TELUS STORES & AUTHORIZED DEALERS

Winnipeg
Garden City Shopping Centre
Kenaston Power Centre
Kildonan Place
Polo Park
Portage Place Shopping Centre
St. Vital Centre
3653 Portage Ave
1053 St. Mary's Rd
197 Leila Ave
1485 Portage Ave

*4G LTE is available in select Canadian cities. Visit telusmobility.com/coverage. †Offer valid until September 15, 2013, at participating trade-in locations. Limit of one trade-in per customer. See telusmobility.com/tradein for full details. TELUS, the TELUS logo, the future is friendly and telusmobility.com are trademarks of TELUS Corporation, used under licence. All other trademarks are the property of their respective owners. © 2013 TELUS.

Bulgaria. Officials release name, face of Canadian accused in bus bombing

Bulgarian authorities distributed on Thursday the names and images of two wanted suspects — one of them Canadian — involved in a bomb attack that killed five Israeli tourists and a Bulgarian bus driver last year.

The first alleged terrorist is identified as Meliad Farah, also known as Hussein Hussein, an Australian citizen born Nov. 5, 1980. The second is Hassan El Hajj Hassan, a Canadian citizen born March 22, 1988.

Canada's Immigration Minister Jason Kenney said in February that one of the suspects was born in Lebanon, came to Canada at age eight, became a Canadian citizen and then left at age 12.

Hassan El Hajj Hassan HANDOUT

"I understand he may have been back to Canada a few times since then, but he has not been a habitual resident in Canada since the age of 12," Kenney said.

THE ASSOCIATED PRESS

Dublin

Man's body left to rot in occupied home for years

Irish police say a dead man's badly decomposed remains have been found in an occupied Dublin house and may have lain there, undisturbed, for four years.

Police say the house's residents were illegal squatters and drug users.

They say the previous tenant may have died during a fire at the property in 2009, but his body was not seen by firefighters and eventually obscured by a broken piece of furniture.

THE ASSOCIATED PRESS

Train likely derailed at double the speed limit

Disaster in Spain. Reason still unknown as authorities wait to question injured driver

A Spanish train that hurtled off the rails and smashed into a security wall was going so fast that carriages tumbled off the tracks like dominos, killing 80 people and maiming dozens more, according to eyewitness accounts and video footage obtained Thursday.

An Associated Press analysis suggests the train may have been travelling at twice the speed limit or more along that curved stretch of track.

Spain's government said two probes have been launched into Wednesday's derailment.

The regional government in Galicia confirmed that police planned to question the 52-year-old train driver, in hospital with unspecified injuries, as both a witness and as a possible suspect, but said possible faults in safety equipment were also being investigated.

Eyewitness accounts backed by security-camera footage suggested that the train was going too fast as it tried to turn beneath a road bridge. Spanish officials said the speed limit on that section of track is 80 km/h.

An Associated Press estimate of the train's speed using the time stamp of the video and the estimated distance between two pylons gives a range of 144-192 km/h. Another estimate calculated on the basis of the typical distance between railroad ties gives a range of 156-182 km/h. THE ASSOCIATED PRESS

80 km/h limit

192 km/h

The highest estimate of the train's speed based on an examination of video images.

An image taken from security-camera footage in Santiago de Compostela, Spain, on Wednesday. Investigators tried to determine Thursday why the passenger train jumped the tracks. THE ASSOCIATED PRESS

Cops issue arrest warrant for gore website owner

Luka Magnotta video. Edmonton police try to track down missing Mark Marek, who was granted bail despite being called a flight risk

ANNALISE KLINGBEIL
Metro in Edmonton

Mark Marek, 38
EDMONTON POLICE/THE CANADIAN PRESS

Edmonton police have issued a warrant for the arrest of Mark Marek, the "elusive" owner and operator of a gore website, who was charged with corrupting morals earlier this month.

Police are asking for the public's assistance in locating the 38-year-old, who was charged on July 17 for allegedly posting a graphic murder video online last spring that was sent to him by Luka Magnotta.

Police allege the video, titled 1 Lunatic, 1 Ice Pick, depicts the murder of university student Jun Lin, whose severed body parts were mailed across the country in the spring of 2012.

Marek appeared in court via CCTV on July 18. He was released on $7,500 bail and given a host of conditions to abide by, including not accessing the Internet.

At the time, Crown prosecutor Julie Roy said Marek was a flight risk and noted that when he was arrested, he was carrying his passport and $18,000 in cash.

Police said on Thursday that Marek had breached conditions of his bail and cannot be found.

A police spokesperson said when probation officers did a check at an address provided by Marek, he was not there.

Marek was arrested in Edmonton earlier this month after a lengthy investigation.

"This was a very long investigation. Basically our suspect was very elusive," EPS Staff Sgt. Bill Clark told reporters on July 17.

Elliot Lake collapse. Mall owner admits he could have fixed eroding roof

The owner of the crumbling Algo Centre Mall admitted Thursday he actually had the cash to fix the leaking roof but chose not to because it would have meant pouring money down the drain.

Testifying for a third day at the inquiry into the deadly collapse of the Elliot Lake, Ont., mall, Bob Nazarian said he sold a property he owned in 2009 — four years after he purchased the mall — then spent $2.6 million to buy another.

Why, commission counsel Peter Doody asked, didn't he instead put that money into fixing the roof?

"Because," Nazarian said.

"Because why?"

"The Algo Mall was a black hole. No matter how much money you put in ... that mall was doomed," Nazarian responded.

"Simply, I would not put my life in it. I worked 42 years to gather some (funds) for my family. I'm not going to put everything in this building."

The stunning admission came after days of testimony about how Nazarian had been desperate to finance repairs to the leaking roof, which caved in last summer, killing two women. THE CANADIAN PRESS

Rescue workers remove their hard hats as firefighters carry a second body out of the Algo Centre Mall in Elliot Lake on June 27, 2012. THE CANADIAN PRESS FILE

Ottawa prison

Harassed gay jail guard given $98K

A former jail guard who endured "profoundly humiliating" homophobic harassment at an Ottawa prison has been granted what a grievance board called its largest-ever award for a human rights breach.

Robert Ranger worked at the Ottawa-Carleton Detention Centre from 1998 to 2002, when he left because he said he couldn't take the taunts and gay slurs. THE CANADIAN PRESS

Scientists enthralled

Arctic cyclone chews up sea ice

Arctic scientists are watching in awe this week as a raging summer cyclone tears up what could become a record amount of rotting northern sea ice.

Cyclones are not unusual in the Arctic, but seem to be changing in recent years, said David Barber, one of Canada's sea-ice experts. THE CANADIAN PRESS

What has YOUR addiction cost YOU?
LOSS of family? career? home? children? dignity? ...
...WE WANT TO HELP

The Charis Centre
WHERE GOD GIVES 2ND CHANCES!

Our live-in program is for women seeking recovery from addictions.
*Children under 10 may live on site with you.

We offer:
• Spiritual development (Bible-based)
• Recovery counseling
• Life skills classes
• Education opportunities

*Charis Centre works with CFS with the intent of reuniting children with Moms.

For more information: Call Susan at 204-415-3934 ext. 233 or drop by on Wednesday mornings between 9 & 11 am

UNION GOSPEL MISSION
Your Gospel RESCUE Mission of Manitoba

The Charis Centre 271 Archibald St.
(a ministry of Union Gospel Mission)

MEMBER missions

WANTED:
Mexican Vacations Still Under $20

Express Lunch Entrees $11.99
15 Minutes or it's free!
Express lunch entrees include a complimentary coffee, tea or soft drink.

Don Pedro's
AUTHENTIC MEXICAN GRILL

Main Floor
114 Market Ave.
Downtown in the Exchange District
Ph: 956-7465
www.donpedros.ca
Tues-Thurs 11am to 10pm
Fri 11am-11pm Sat 4pm to 11pm
Closed Sun & Mon

15% OFF
YOUR NEXT BILL OF $50 OR MORE
(excluding taxes and gratuity)
Not valid on Saturdays.
Expires: August 30, 2013
Cannot be combined with any other offers or promotions
Must present this coupon to receive discount

Screenshot of the video game Don't Let Pussy Riot into the Cathedral. COURTESY GG-FLASH.RU

Video game lets faithful blow Pussy Riot away

Grace invaders.
Players zap band members before they can enter a cathedral

A video game that allows players to kill members of the feminist punk-rock group Pussy Riot has been released online.

The game Don't Let Pussy Riot into the Cathedral was first unveiled at a recent Orthodox festival held in Moscow and is available on Russian flash game website gg-flash.ru.

Using their mouse, players control an Orthodox cross to zap cartoon drawings of Pussy Riot members before they can enter a church.

If too many Pussy Riot members enter, the building collapses and the game is over.

Maria Voskresenskaya, one of the game's creators, told Metro: "I can't judge Pussy Riot — do not judge and you will not be judged yourself — but I cannot approve of the act they've done. Such acts have no place in the Church. Even more so, politics should not (be) there."

EVGENIY MORUZ/METRO WORLD NEWS IN MOSCOW

Give your paycheque a paycheque.

Get a $100 Bonus* when you open a THRiVE Chequing™ Account and switch your payroll.

ingdirect.ca

ING DIRECT forward banking™

ING Bank of Canada and its subsidiaries have been acquired by The Bank of Nova Scotia and are no longer affiliated with ING Groep N.V. The trademarks ING, ING DIRECT, ING Lion, the ING Lion logo and any derivation, variation, translation or adaptation thereof are trademarks of ING Groep N.V. and are used under license. ™ THRiVE Chequing and forward banking are trademarks of ING Bank of Canada. * Payroll must be deposited into a THRiVE Chequing Account between June 1, 2013 and September 30, 2013. Limit of one (1) bonus per Account, per Client. Offer available to new ING DIRECT Clients only. Chequing Account rates are annualized and are current as of today's date and are subject to change without notice. Interest is calculated daily and paid monthly in the case of our Chequing Accounts.

Moving fast. So should you.

Take advantage of special discounts and interest rates through the end of July on select 2013 models and enjoy the confidence and luxury that only a Mercedes Benz can offer. The 4matic all wheel drive system is the industry benchmark for sporty summer drives and our unpredictable Manitoba winters.

$0 DOWN / ONLY $499.00/MONTH*

2013 C300

$0 DOWN / ONLY $689.00/MONTH*

2013 GLK350

Mercedes-Benz WINNIPEG

2554 Portage Avenue, 204-667-2467, www.mbwinnipeg.ca

* Offer valid on in-stock select package vehicles similar to those shown. Offer cannot be used with any other advertised special. Payment does not reflect PST and GST. This is a true $0 down offer on approved credit. First payment and security deposit due at signing. Available First Class Lease Protection waives security deposit at additional cost. Offer valid for Manitoba residents. Offer is 48 month First Class Lease on C 300 and 36 months on GLK. Additional Conditions Apply.

Virginia Johnson.
Missouri farm girl turned sex researcher dies at 88

Virginia Johnson, the Missouri farm girl who helped redefine the understanding of human sexuality as half of the husband-wife team whose taboo sex studies in the 1960s turned them into worldwide celebrities and bestselling authors, has died. She was 88.

The pioneering sex researcher died at an assisted-living centre in St. Louis on Wednesday after suffering complications from various illnesses, her son Scott Johnson told The Associated Press on Thursday. He said the family was planning a private funeral. THE ASSOCIATED PRESS

Pants-dropper

Johnson had a way of putting people at ease, so much so that with "evangelical-like zeal" she figured out how to get volunteers "to drop their pants in the name of science," said author Thomas Maier, who wrote a 2009 book about the couple.

Maybe Weiner has advice?

Swedish politician accidentally posts revealing selfie

A Swedish politician who wanted to show his new tattoo to followers on a social media site accidentally revealed far more than he intended.

Lars Ohly, former leader of Sweden's Left Party, posted a picture of the English soccer club Liverpool's liver bird tattooed on his leg. What he failed to notice was that his genitals were visible in the background. Ohly quickly removed the picture after posting it Wednesday on Instagram. THE ASSOCIATED PRESS

Standing by her man once again, but why?

Huma Abedin has long worked by Hillary Clinton's side. Many have wondered why a successful, smart woman such as Abedin would give all her love to serial sexter Anthony Weiner. PABLO MARTINEZ MONSIVAIS/FILE/THE ASSOCIATED PRESS

The Good Wife. Many wonder why Huma Abedin continues to support Anthony Weiner

When Huma Abedin first started getting media attention years ago, some people couldn't help but wonder what this beautiful, ambitious woman and former aide to Hilary Clinton saw in then-Congressman Anthony Weiner.

That's a question New Yorkers might be asking themselves again after revelations that Weiner, now a candidate for mayor of New York, didn't immediately give up his habit of exchanging sexual pictures and messages to female fans after his humiliating resignation from Congress in 2011.

Abedin herself took a shot at an answer in an awkward joint news conference, saying she had forgiven her husband and felt his marital indiscretions were "between us."

Will that be enough to satisfy a bewildered public? Maybe not. But people who go searching for a deeper motive are almost certain to get it wrong.

"None of us know what's going on with that couple now," said Stephen Medvic, an associate professor of government at Franklin & Marshall College in Pennsylvania and author of the book, In Defence of Politicians.

"She made a statement," he said. "Let's leave it at that." THE ASSOCIATED PRESS

Show the world you love him

"Quite simply, I love my husband, I love my city and I believe in what he wants to do for the people of New York."

Huma Abedin, writes in a first-person essay in Harper's Bazaar due on newsstands in September.

15 pieces
Legs & Thighs
Only $19.99
Summer Weekend Special
Offer Valid on
Sunday 28 July 2013 Only
sogood
1125 Main Street • 1275 Portage Avenue • 235-1485 Portage Avenue • 3651 Portage Avenue • 13-1030 Keewatin Street
2079 Pembina Highway • 16 Lakewood Boulevard • 1100 St. Mary's Road • 1651 Regent Avenue W • 1330 McPhillips Street
679 Henderson Highway • 750 Sherbrook Street • Selkirk • Brandon • Steinbach • Portage La Prairie

Death toll in Syria's civil war now surpasses 100K: UN chief

Car bomb. 10 dead, 66 wounded in latest attack, as international community attempts to find a solution

People gather near damaged cars that were burned after a car bomb exploded near Damascus, Syria, on Thursday.

The number of dead in Syria's civil war has passed 100,000, UN Secretary-General Ban Ki-moon said Thursday, calling for urgent talks on ending two-and-a-half years of violence even as President Bashar Assad's government blasted the United States as an unsuitable peace broker.

In the latest example of the relentless carnage, a car bomb killed at least 10 people and wounded 66 in a pro-regime area near the capital.

All international attempts to broker a political solution to the Syrian civil war have failed. Despite a stalemate that has settled in for months, both sides still believe they can win the war and have placed impossible conditions for negotiations.

The international community has been unable — and some say, unwilling — to intervene sufficiently to tip the balance in favour of either the Assad regime or the rebels.

The uprising against Assad's rule began in March 2011 and deteriorated into an insurgency with growing sectarian overtones. THE ASSOCIATED PRESS

Intervention

U.S., Russia step in to broker peace

UN Secretary-General Ban Ki-moon on Thursday called on the Syrian government and opposition to halt the violence in the Syrian civil war, saying it is "imperative to have a peace conference in Geneva as soon as possible."

The UN chief spoke before talks with U.S. Secretary of State John Kerry, who stood nearby.

"There is no military solution to Syria," Kerry told reporters. "There is only a political solution, and that will require leadership in order to bring people to the table."

The United States and Russia are trying to convene an international conference in Geneva, along with the United Nations, to try to agree on a transitional government based on a plan adopted in that city a year ago.

Kerry said he talked to Russian Foreign Minister Sergey Lavrov on Wednesday and both countries remained committed to bringing the warring parties together to further peace efforts.

No official date has been set because the opposition refuses to attend any talks that are not about Assad's departure. Syrian government officials say participation in the conference should be without preconditions, but add that Assad's departure before his term expires in 2014 is not negotiable. THE ASSOCIATED PRESS

About 10 bullets hit the driver's window, but Czech fugitive Radovan Krejcir was out of the vehicle at that point, talking on his phone. TIMOTHY BERNARD/THE ASSOCIATED PRESS

Hidden turret opens fire on fugitive's car

South Africa. Then the remote-controlled vehicle self-destructs

It was a lethal gadget right out of a James Bond movie: Remote-controlled gun barrels rigged behind the licence plate of a car that spray bullets at an unsuspecting target.

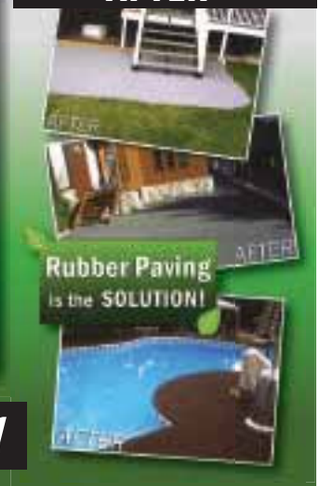
But South African police say it may have been an attempt to kill Radovan Krejcir, a Czech fugitive who was sentenced in his country last year to 11 years in jail for tax fraud and has been linked to underworld figures in Johannesburg.

Krejcir emerged unscathed from Wednesday's episode, which peppered his bullet-proof Mercedes-Benz. The empty, parked vehicle where the weapon was hidden burst into flames after the shooting, possibly destroying evidence.

Security consultant Rory Steyn said on Radio 702 that there could be "any number of motives" for the incident, possibly even something Krejcir set up to appear like an assassination attempt.

THE ASSOCIATED PRESS

Chase Rubber Paving
FREE ESTIMATE
BUSTED SIDEWALK?
CRACKED DRIVEWAY?
Call us today!
5 YEAR LIMITED WARRANTY
BEFORE

Benefits of Rubber Paving
• Attractive
• Durable and seamless surface
• Slip resistant surface in all weather conditions
• Impervious to salt/de-icer solutions
• Crack resistant and flexible to withstand minor ground movement
• Easy snow removal
• Environmentally Friendly
• Industry leading warranty
AFTER


204-887-5951
Manitoba's ONLY Shercom Industries Authorized Dealer www.shercomindustries.com

Now you know what your empty beverage containers can become.
Give them new life after you're done.
Empty bottles, cans, cartons and juice boxes have incredible potential, as long as they don't end up in the landfill. So whether you're at home or away, find a blue bin and recycle all your empty containers.
To find out more about what beverage containers can become, visit
RecycleEverywhere.ca
RECYCLE EVERY WHERE

BlackBerry cuts 250 jobs at test facility

Waterloo, Ont. Layoffs are part of turnaround plan, company says

BlackBerry has given layoff notices to 250 workers at its product-testing facility in Waterloo, Ont., where the global smartphone company is based.

The employees, who supported the company's manufacturing, research and development efforts, were notified on Tuesday. "This is part of the next stage of our turnaround plan to increase efficiencies and scale our company correctly for new opportunities in mobile computing. We will be as transparent as possible as those plans evolve," the company said in an email.

The company announced plans last year to cut about 5,000 employees as part of its restructuring efforts.

BlackBerry is trying to recover a stronger position in the highly competitive smartphone market with its new BlackBerry 10 line of phones and operating system.

At the company's annual general meeting this month, CEO Thorsten Heins told shareholders that BlackBerry is in the midst of a "complex transition" that included a three-stage plan to become profitable again.

BlackBerry shares fell below $10 earlier this month for the first time since last year. The company has been under pressure since it posted quarterly results last month that fell short of analysts' largely optimistic expectations.

Since that report, analysts have become increasingly focused on whether BlackBerry will be able to successfully re-establish itself as a major player in the smartphone industry, which itself is facing headwinds.

Heins has hinted at products that could hit stores before the end of this year, but the company hasn't announced anything specific. It's widely expected the company will unveil a smaller-sized tablet device to fill the void left by its decision to no longer update the PlayBook.

THE CANADIAN PRESS

Under pressure

$10

BlackBerry shares fell below $10 earlier this month for the first time since last year. The company has been under pressure since it posted quarterly results last month that fell short of analysts' expectations.

Market Minute

DOLLAR 97.43¢ (+0.49¢)

TSX 12,669.14 (-3.16)

OIL $105.49 US (+10¢)

GOLD $1,328.80 US (+$9.30)

Natural gas: $3.65 US (-5¢)
Dow Jones: 15,555.61 (+13.37)

FOOT PAIN?
HEALTHWEST
CALL TODAY: 204-783-3355
Located:
The Bay 4th floor 450 Portage ave
Old St.Vital 75 St.Anne's Rd

A glimpse inside the Netflix war room

What does it look like when Netflix launches a new series? This glimpse into a conference room at the streaming service's Los Gatos, Calif., headquarters earlier this month shows employees checking that the debut of Orange is the New Black, an offbeat drama set in a women's prison, is proceeding trouble-free. In the so-called war room, engineers are flanked by nine screens: one scrolls through tweets mentioning the new series, and another lists some of Netflix's most closely guarded information — the rankings of videos that are attracting the most viewers on an hourly basis. The night's main mission was to ensure each instalment of Orange is properly coded so the series can be watched on any of the 800 Internet-connected devices compatible with Netflix's service. Before the summer is over, employees will return for another late night in the war room to troubleshoot the Sept. 12 debut of Netflix's next original series, Derek. MICHAEL LIEDTKE/THE ASSOCIATED PRESS

Television. Survey highlights grim reality of job conditions

The market for reality television has exploded, with Canadian versions of The Amazing Race, Storage Wars, Big Brother and The Bachelor all competing for viewer attention.

But workers in the industry say they are being overlooked by some production companies intent on profits over the interests of their workers.

An exclusive first look by Torstar News Service at interim results of a survey taken by the Canadian Media Guild say workers complain that long hours, lack of security and benefits are some of the big issues that need to be addressed in the burgeoning industry.

"Factual TV is the new frontier and the business has really grown, which is great. But the downside to this is some workers who are saying that they've given their blood, sweat and tears in an industry that is open to abuse," says Karen Wirsig of the Canadian Media Guild.

The union decided to conduct a survey after being approached by reality TV workers about working conditions, Wirsig says.

While long hours and demanding conditions are not unusual in the film and television industry, reality TV productions typically have smaller budgets, hire more freelancers and work on tighter deadlines, which could exacerbate poor working conditions, says the union.

TORSTAR NEWS SERVICE

Hell hath no fury like the Women Tell All episode on The Bachelor. Reality TV production is booming in Canada, but a new survey says some workers feel their interests are being overlooked. CITY

Ads. Condom commercial is too hot for Pakistani regulators

Pakistan's media regulatory agency has banned a condom commercial starring a sultry Pakistani model after it received hundreds of complaints that the ad was too racy, a senior official said Thursday.

The 50-second television commercial shows a Pakistani couple wondering why their neighbour's new bride, the model and actress Mathira Mohammed playing herself, is working so hard to keep her husband happy.

When asked about his secret, the neighbour smiles and holds up a pack of condoms made by Josh, which means excitement in Urdu.

"Bring Josh into your life," the neighbour says, just before explosions flash behind boxes of condoms on the screen.

Pakistan's media regulatory agency banned the commercial Tuesday after reviewing it and determining that it violated the group's code of conduct, said Mohammad Saleem, a senior regulatory official.

Josh is a subsidiary of DKT International, a non-profit organization that promotes family planning and HIV/AIDS prevention, according to Josh's Facebook page.

DKT, which is funded by the U.S. and Britain, has been working in Pakistan since 2012 in an attempt to help women meet their needs for contraception, the group says on its website. THE ASSOCIATED PRESS

Population surge

- Pakistan has the sixth largest population of any country in the world, with roughly 180 million people. If the current rate of growth continues, the population will double by 2050, DKT says.
- Pakistan's rapid population growth has strained the country's health and education systems, and its faltering economy has not been able to provide jobs for millions of people.
- One of the things holding back contraceptive use in Pakistan has been the conservative norms of the majority Muslim country.

Pakistani model and actress Mathira Mohammed appears in a banned ad for Josh condoms. SCREEN GRAB/YOUTUBE

STOLEN: ONE PIANO, SOME DIGNITY

THE METRO LIST

Mike Benhaim
metronews.ca

1 Humble beginnings. As the Duchess of Cambridge pushed forth the fruit of the royal loom, global media granted her highness a rare modicum of privacy, foregoing details regarding distress of her sovereign regions or straining of the royal bosom. Nay, but whilst the revelation of the imperial moniker, George Alexander Louis, stirred such zeal amidst the multitudes, I reflected thusly to myself: "Why am I still watching this?"

2 Politics. British Prime Minister David Cameron announced a novel endeavour to filter out Internet pornography for his citizens. After all, everyone knows that most of the salacious content that appears on-screen arrives unsolicited and if not for Cameron, this material would continue to present itself to innocent husbands, boyfriends and teenagers. Well cheerio, good sir. And good luck getting re-elected.

3 Sext-posed. In 2011, a sexting scandal forced Anthony Weiner to resign from U.S. Congress. Now running for mayor of New York City, he's still sexting, but refuses to withdraw his candidacy. After all, his wife remains staunchly by his side saying, "Yes, he's made mistakes, but he's apologized. Sure, he made them again repeatedly, but I love him. Besides how do you think we met?"

4 Got it. Selena Gomez turned 21 this week and celebrated by legally having her first alcoholic drink. More importantly, every adult male that has seen Gomez's video Come And Get It, can now officially stop feeling dirty.

5 Bynes some time. Amanda Bynes is being held for mental evaluation after allegedly starting a fire in a California resident's driveway. Oh, so now a few nasty tweets, one little hit-and-run, bong out a window, shave your head, wear a crazy wig to court, start a small fire in the driveway, and suddenly you're crazy?

6 Who's coming? Scientists at Imperial College London have designed a concept mission to land astronauts on Mars. There has been news of other such missions over the last year, making me wonder why the major world governments keep telling us that global warming is not that big an issue, but seem to be fervently searching for other options. Here's the scary part: They'll use our tax dollars in the name of progress, but you know they're not taking all of us, right?

7 Fine-tuning. Last week, two men walked out with Toronto General Hospital's baby grand piano at one o'clock in the afternoon. I don't have much to add except that I once got caught stealing a candy from the bulk bin while shopping at Loblaws.

8 This week in 1996. The Spice Girls scored their first U.K. No. 1 with Wannabe. It would sell more than six million copies and win an award for best British-written single. "So tell me what you want, what you really really want. I wanna really, really wanna zig-a-zig-ah." Best-written single indeed.

9 Take a bow. This week saw the untimely end of character actor Dennis Farina. Farina, who played cops and criminals alike, actually worked as a Chicago police officer for 18 years. Some will remember him from Law & Order, and others from films like Get Shorty and Saving Private Ryan, but to me, he'll always be Cousin Avy from Snatch. Rest in peace, bubbeleh, we'll miss you.

Follow The Metro List on Twitter @TheMetroList

ZOOM

This'll ruffle a few feathers

ANDY RAIN/THE ASSOCIATED PRESS

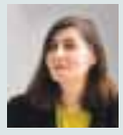
Giant cockerel takes its perch

A gargantuan electric blue cockerel has been unveiled on a plinth in London's most iconic city square. Hahn/Cock, a 4.72-metre-high fibreglass sculpture by German artist Katharina Fritsch, is perched next to sombre military monuments in Trafalgar Square and is meant to symbolize regeneration and rebirth. METRO

Double meaning

- The sculpture's title "hahn," German for "cock," carries the same double meaning as in English and is a deliberate double entendre.
- It mimics the Gallic rooster, the unofficial national symbol of France, yet is placed on a square that commemorates Britain's 1805 Battle of Trafalgar, a naval victory over France.

Artist's viewpoint



"I am making an image of a male animal. Women are getting more and more into the active role, they determine things, they make their way."

German sculptor Katharina Fritsch

Tough critics

"It's very ugly – a massive eye-sore. But that's modern art for you, something big and controversial — but I would like to try and climb up the cockerel."

Júlia Llaurado, 19, journalism student

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

GETTY IMAGES

Looking for a way to share your filtered pics with your mom, grandmother and other non-Instagrammers? Why not show them off in the real world, too? With smartphone cams getting better with each generation, printing iPhoneography has gone from faux-pas to pourquoi pas. Some sites to help you out:

Canvas Pop
Turn your iPhone-photography into fine art. Just upload your photo (with or without a hipstamatic, Instagram filter) and within days they send you back a high-quality with giclee prints. Free shipping, even to Canada!

Poster Jack
From posters to canvas to acrylic to stickers to even metal prints, Toronto-based posterjack.ca lets you turn your art into just about anything else. Ships all over Canada.

Mpix
Turn your pics into cards, calendars, even pins at mpix.com. Extremely user friendly, though it has a shipping charge for us Canadians.

Twitter

@metropicks asked: A coffee-buying Good Samaritan has sparked copycats. Would you spend hundreds on java for strangers? Why/why not?

@FrenchmanCanada: I wonder if some will be crazy/rich enough to do the same at @Starbucks #5DollarCoffee

@shehswings: Yes, but would make more sense if the coffees were distributed to less fortunate. Ppl stopping by Tim's can usually afford

Follow @metropicks and take part in our daily poll.

Letters and comments

RE: Shaming The Couch Critics, published July 24

Glib references to "banging the cafeteria lady at the YMCA" are never OK, even in the spirit Benhaim intended.

The point is undermined — and readers are alienated. Disappointed to find this kind of tone in what is usually a fine column marked by smart and sensitive writing.
Janet Gunn, Toronto

Well said. It's the old freak show made new. You have to have a certain personality to do this even for money. **Shamamama posted to metronews.ca**

WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Winnipeg** Elisha Dacey • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Alison Zulyniak • **Distribution Manager:** Rod Chivers • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson **METRO WINNIPEG** 161 Portage Ave E Suite 200 Winnipeg MB R3B 2L6 • **Telephone:** 204-943-9300 • **Fax:** 888-846-0894 • **Advertising:** 204-943-9300 • adinfowinnipeg@metronews.ca • **Distribution:** winnipeg_distribution@metronews.ca • **News tips:** winnipeg@metronews.ca • **Letters to the Editor:** winnipegletters@metronews.ca

Everyday Recycling

simplyrecycle.ca

MMSM
Multi-Material Stewardship Manitoba
INDUSTRY FUNDING RECYCLING

SCENE

Synopsis

Brandy Klark (Aubrey Plaza) is an overachiever. She's the publisher of her own magazine, Women With a Y, a straight-A student with a full scholarship to Georgetown University and her high school valedictorian. She's also a virgin, a status she hopes to change soon with the help of Rusty Waters (Scott Porter), a college surfer stud. Attacking her new project with the gusto that won her accolades in school, she gets the advice of friends and family (Christopher Mintz-Plasse, Alia Shawkat, Sarah Steele and Rachel Bilson) and makes up a sex "to do" list, applying the zeal that made her a mathlete.

- Richard: ●●●○○
- Mark: ●●○○○

Aubrey Plaza, left, and Rachel Bilson star in The To Do List. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Let's talk about sex

The To Do List. Teen sex comedy genre gets a gender twist as the female becomes the hunter looking for bedpost notches

Richard: Mark, if you're of the generation familiar with Snackwells and skorts, then this movie may resonate a little louder for you than it did for me. It's a cleverly drawn coming-of-age picture, set in 1993, that gets the tone of the times right — skorts and all — but it left me feeling as though I was watching a throwback to the sex comedies of the early '90s filtered through a 2013 lens. In other words, less innocence, more bodily fluids. What did you think?

Mark: One of the things I love about movies is how much you can learn from them. Richard, I had no idea how tough it is for an attractive young woman to lose her virginity! Well, live and loin. Switching the gender roles and making the teenage girl the aggressor was a nice touch, and setting it in 1993 made its pre-Internet sexuality seem almost believable. It's John Hughes with an R rating — not a bad thing. What did you think of Aubrey Plaza?

RC: I like Aubrey Plaza. I think if this part had been played by anyone else — imagine Emma Stone or Imogen Poots — it would have lost some of its charm. Plaza is naturally off balance, so the stranger moments of this movie don't feel forced or quirky for the sake of being quirky. As I said earlier, I didn't much go for some of the bodily fluid gags — or the gross Caddyshack tribute — but Plaza trying to vamp it up in an ill-fitting bathing suit is a really funny scene.

MB: I liked Aubrey Plaza too. She was just gawky enough to make the movie seem credible. In fact, the whole movie is well cast. Bill Hader has lots of great moments, and Plaza's two girlfriends are not the typical cuties you usually find in a teen picture. I actually think there's another influence working on this picture — Napoleon Dynamite. From the Idaho setting to the oversaturated colours, quirky rhythms and simple cinematography, there's a lot the two movies have in common, although this one seems more overtly commercial.

RC: Maybe more commercial, but telling the story from a female point of view is a nice change from the usual boy-centric sex comedy story.

MB: Richard, in spite of what some people may think, I am not, nor have I ever been, a teenage girl. But I found I could relate to the story, because although it takes place in 1993, it takes place in Boise, Idaho, which feels like 1973.

visit metronews.ca
metro

Cory Monteith. Could actor's dark role have been a factor in death?

Cory Monteith died in Vancouver on July 13. GETTY IMAGES

KATE WEBB
kate.webb@metronews.ca

Cory Monteith's fatal relapse into heroin addiction might have been triggered by his last film role — that of a hustling drug addict — speculates a source close to the actor.

The insider, who spoke to Metro on condition of anonymity, said Monteith's death bears a lot of similarities to that of Heath Ledger, who died of a prescription pill overdose months after becoming consumed by his Oscar-winning role as the insane Joker in The Dark Night.

Monteith portrayed Simon Weeks, a young junkie on the run from police, in McCanick, which was shot over three weeks in Philadelphia last September.

"It may or may not have put another step in this," says the source, who knew Monteith for most of his life.

McCanick's director, Josh C. Waller, told the Los Angeles Times after Monteith's sudden death that the Glee star had actively pursued the dark role, saying he wanted to "tap into things from his youth that he hadn't been able to use as an actor yet."

By March, Monteith's Glee castmates realized he was using and staged an intervention, prompting him to enter rehab in April for a month.

The actor's associate says it's hard to know for sure whether his role as a hard-core addict could have reignited his real-life addiction, which Monteith openly admitted to struggling with since his teens.

"That's the thing. If you do any acting or you do any acting classes, you get involved. You try to literally put yourself in their shoes," he says, "and it does help if you find a character within the character and you become that, so it's not really acting. You're just being."

Waller told the Times he last saw Monteith a month ago, when they met to watch a finished cut of McCanick.

The film does not yet have a distributor, but it has been submitted for consideration to the Toronto Film Festival.

In an interview on a Philadelphia radio show during its filming last September, the director praised the 31-year-old's passion for the role, which was a stark contrast to his more innocent and widely known character, Finn Hudson, on Glee.

"I've got to say, on Cory's behalf, his commitment to this role is really different than anything I've certainly seen him do, and it's been amazing to watch him do this," Waller said.

Monteith died alone in a Vancouver hotel room July 13 after consuming a toxic combination of heroin and alcohol.

Hickory, dickory, dock, Dice continues to rock

Career resurgence. Comic legend Andrew Dice Clay finds new life with a book, movie, TV show — all stemming from a guest spot on Entourage

Andrew Dice Clay is on a roll. Or as the comedian sees it, enjoying a resurgence.

He's in Woody Allen's latest movie, Blue Jasmine; will judge a new syndicated TV talent show and see his autobiography published next spring, and is collaborating on a documentary about his life and career with Entourage creator Doug Ellin.

Add to that his guest shot on Entourage in its final season in 2011 and last December's Showtime standup special, Andrew Dice Clay: Indestructible, and it sounds like a comeback for Clay, 55, after a fallow period that included a brief 2009 stint on Celebrity Apprentice.

He looks at it otherwise.

"I've always done things a little differently," said Clay, who became both popular and polarizing in the 1980s with his profane, raw standup routines, especially those with women as the topic.

Clay was so controversial — so misogynistic, angry detractors said — that his 1990 appearance as Saturday Night Live host prompted boycotts by series cast member Nora Dunn and scheduled musical guest Sinead O'Connor.

He hasn't lost his onstage edge, still essaying the Diceman persona that he calls the "ultimate rock and roll standup comedic hero," one that's equal parts swagger, black leather and middle-age pompadour.

But Clay suggests that the culture is so altered that it has caught up with him, putting him in a different light.

Women "have become the aggressors," he said. "When I say they're the most aggressive piglets ever, I don't say that with disrespect. I waited for this generation."

Sally Hawkins, left, and Andrew Dice Clay star in the Woody Allen film, Blue Jasmine. The film will be released on July 26. CONTRIBUTED

New book

Also scheduled for spring 2014 is his autobiography.

- **Book.** The Filthy Truth, from Simon & Schuster and co-authored by David Ritz, who's written books with Ray Charles and Don Rickles.

In conversation, Clay is so polite that before he introduces a racy thought he assures the listener that it's part of his onstage material, not rudeness.

He's eager to talk about his sons, Max, 22, and Dylan, 18, who Clay says took centre stage in his life after he went through a divorce about a decade ago. Both boys are pursuing entertainment industry careers and, together, have a band called L.A. Rocks.

"I felt it was really more important to raise my sons properly than make career moves," Clay said.

"I did the clubs, did theatre, but didn't make any kind of moves to have this resurgence until they were old enough."

The Diceman as devoted dad?

Quoted

"My persona is one thing. Who I am off stage as a human being is really different.

Andrew Dice Clay

"My persona is one thing. Who I am off stage as a human being is really different," said Clay.

He's a relative newlywed, married three years to Valerie Vasquez, 29 ("I'm crazy about her").

Allen spotted him on Entourage, Clay said, leading to his role as a divorced blue-collar dad in Blue Jasmine, which has been singled out by some critics (Variety called him "an especially offbeat and rewarding casting choice").

THE ASSOCIATED PRESS

Comedy

Rufus

Director. David Schultz

Stars. Rory J. Saper, David James Elliott, Kelly Rowan

In Rufus, a mysterious teenager shows up in a small town and tries to start a new life. Only problem is he's more than 100 years old and likes his steak a little too rare. David Schultz's brooding film stars mesmerizing newcomer Rory J. Saper as Rufus, a vampire with growing pains who's just trying to juggle a girlfriend, family and thirst for blood without blowing his cover. Despite the occasional teenage melodrama, Rufus' surprisingly relatable vampire is a refreshing take on the genre. **MANORI RAVINDRAN**

Comedy/Drama

The Way, Way Back

Directors. Nat Faxon, Jim Rash

Stars. Steve Carell, Sam Rockwell, Liam James

This new dramedy starring Steve Carell, Sam Rockwell and Canadian actor Liam James sets the story in a beach resort where an introverted 14-year-old is trapped in a world of adults. It doesn't add anything new to the coming-of-age genre, but what it does, it does really well. The movie's main strength lies in the interesting way the characters interact. It's more than just another study of awkward teen behaviour. It's a sweet movie with genuine laughs. **RICHARD CROUSE**

Thriller

The Wolverine

Director. James Mangold

Stars. Hugh Jackman, Rila Fukushima

This may be the sixth time Hugh Jackman has moussed up his pointy mane to play the eponymous comic-book character but this latest version shows The Wolverine still has claws. Summoned to Japan by a dying, rich old friend, Wolverine winds up protecting an heiress from deadly yakuza, a toxin-spitting mutant and a (rather disappointing) giant samurai robot. Ridiculous as that sounds, The Wolverine's more crafty sequences (especially atop a speeding bullet train) help amplify the action's unravelling tone. **STEVE GOW**

Oh mama! Gosling emasculated in film

When it comes to conjuring up the most mean-spirited insults a mother could hurl at her son, leave it to Ryan Gosling.

In his latest film, Only God Forgives, the Canadian actor plays a drug-smuggling mama's boy. In one scene, his character is humiliated by his mother at dinner after he brings a hooker, posing as his girlfriend, to meet mom — played by Kristin Scott Thomas.

Gosling said the embarrassments heaped on his character — including comments about his anatomical shortcomings — weren't originally in the script.

"She had to emasculate me and so she asked me to help, which I thought was funny. We just worked together and I told her all the things that she could say to me that would be sort of castrating," Gosling said, smiling. "She has that whole crazy rant."

The actress said while it was fun to play the villainous character, the darkness in her soul was "debilitating and wears you down."

Ryan Gosling's character in Only God Forgives gets torn a new one by his mama. THE ASSOCIATED PRESS

And then there's the dinner scene.

"All I can remember was there was these huge pages and pages of words, and some of them were very, very difficult to say," Scott Thomas said. "He (Gosling) came up with that dialogue, believe me."

THE ASSOCIATED PRESS

"★★★½
THIS SUMMER'S 'LITTLE MISS SUNSHINE'."
-Claudia Puig, USA TODAY

STEVE CARELL
TONI COLLETTE
ALLISON JANNEY
ANNASOPHIA ROBB
SAM ROCKWELL
MAYA RUDOLPH
AND LIAM JAMES
THE WAY WAY BACK
CRITICS' CHOICE
CERTIFIED FRESH
MUSIC BY ROB SIMONSEN EXECUTIVE PRODUCERS NAT FAXON JIM RASH BEN NEARN GIGI PRITZKER GEORGE PARRA PRODUCED BY KEVIN J. WALSH TOM RICE WRITTEN AND DIRECTED BY NAT FAXON & JIM RASH
PG MATURE THEME
DOLBY
www.TheWayWayBack.com
SOUNDTRACK ON
FOX SEARCHLIGHT PICTURES
Copyright © 2013 Twentieth Century Fox. All Rights Reserved.

EXCLUSIVE ENGAGEMENT STARTS TODAY! LANDMARK GLOBE Check theatre directory or go to www.tribute.ca for showtimes

"Wild, raunchy, and downright hilarious."
- Chris Parente, KDVR-TV

"★★★★ Uproariously funny."
- In Touch Weekly

AUBREY PLAZA
JOHNNY SIMMONS
BILL HADER
RACHEL BILSON
CHRISTOPHER MINTZ-PLASSE
ANDY SAMBERG

She's going from straight A's to getting her first F.

The To Do List

18A SEXUAL CONTENT, CRUDE CONTENT, COARSE LANGUAGE
CBS FILMS
Facebook.com/eOneFilms TheToDoListMovie.com Youtube.com/eOneFilms

STARTS TODAY Check Theatre Directory for Locations & Showtimes.
ENTERTAINMENT ONE

THESE PAGES COVER MOVIE START TIMES FROM FRI., JULY 26 TO THURS., AUG. 1 TIMES ARE SUBJECT TO CHANGE.

The Conjuring. CONTRIBUTED

Cinema City McGillivray
2190 McGillivray Blvd.

2 Guns (STC) Thu 9:30
Andre Rieu Live in Maastricht 2013 (STC) Sun 12:45
The Conjuring (14A) Fri-Sun 12:05-2:50-5:35-8:10-10:45 Mon-Tue 2:20-5-7:35-10:10 Wed-Thu 2:20-5-7:35-10:20 Fri 4:30-7:45-10:30 Sat 1:50-4:30-7:45-10:30 Sun 4:30-7:45-10:30 Mon-Thu 4:50-7:30-10:10
Despicable Me 2 (G) Fri-Sun 12:20 Mon-Tue 1:55 Wed-Thu 12:20
Despicable Me 2 3D (G) Fri-Sun 2:55-5:20-7:45-10:10 Mon-Tue 4:20-6:55-9:20 Wed-Thu 2:55-5:20-7:50-10:15
Grown Ups 2 (14A) Fri-Sun 12:30-3-5:30-8-10:25 Mon-Tue 2-4:40-7:15-9:40 Wed-Thu 12:30-3-5:30-8-10:25
Pacific Rim (PG) Fri-Sun 1:15-4:20 Mon-Tue 1-4 Wed-Thu 1:15-4:20-7:15-10:20
Pacific Rim 3D (PG) Fri-Sun 7:15-10:20 Mon-Tue 7-9:55
R.I.P.D. 3D (PG) Fri-Sun 12:40-3:05-5:25-7:50-10:15 Mon-Tue 2:30-5:10-7:40-10:05 Wed-Thu 12:40-3:05-5:25-7:50-10:10
Red 2 (PG) Fri-Sun 1:45-4:35-7:20-10:05 Mon-Tue 1:30-4:30-7:20-10 Wed 1:45-4:35-7:20-10:05 Thu 1-3:55-6:45 Fri 4-7:10-10 Sat-Sun 1:20-4-7:10-10 Mon-Thu 4:20-7-9:45
The Smurfs 2 (G) No Passes Wed-Thu 12
The Smurfs 2 3D (G) No Passes Wed-Thu 2:35-5:10-7:45-10:20
Turbo (G) Fri-Sun 12:15-2:45-5:10-7:35-9:55 Mon-Tue 1:45-4:15-6:45-9:10
The Wolverine 3D (14A) No Passes Fri 3:30-6:30-9:30 No Passes Sat-Sun 12:40-3:30-6:30-9:30 No Passes Mon-Thu 3:40-6:30-9:20 No Passes Fri-Sun 1:50-4:40-7:40-10:40 No Passes Mon-Thu 1:15-4-7:10-10:10

Cinema City Northgate

1399 McPhillips Street

After Earth (PG) Fri-Thu 1-3:20-5:45-8:10-10:20
Best of Luck (STC) Fri-Thu 12:55-3:55-6:55-10
The Croods (G) Fri-Thu 12:50
The Croods 3D (G) Fri-Thu 3:10-5:30-7:50
Epic 3D (G) Fri-Thu 1:30-4-7-9:30
Fast & Furious 6 (14A) Fri-Thu 1:40-4:25-7:15-10:05
The Great Gatsby (PG) Fri-Thu 10:10
The Hangover Part III (14A) Fri-Thu 4:20-9:50
The Internship (PG) Fri-Thu 1:15-4:05-7:05-9:40
Oz the Great and Powerful 3D (PG) Fri-Thu 1:20-6:50
White House Down (14A) Fri-Thu 1:10-4:10-7:10-10:15

Cinematheque
304-100 Arthur

Fringe Festival (STC) Fri-Thu

Famous Players Kildonan Place
1555 Regent Ave W

African Cats (G) Wed 11
Despicable Me 2 (G) Fri-Tue 2:15 Wed 11:45-2:15 Thu 2:15
Despicable Me 2 3D (G) Fri-Thu 4:50-7:20-9:50
Grown Ups 2 (14A) Fri-Tue 1:40-4:45-7:40-10:15 Wed 11:15-1:40-4:45-7:40-10:15 Thu 1:40-4:45-7:40-10:15
Pacific Rim (PG) Fri-Thu 12:45-3:45-6:50-9:45
R.I.P.D. (STC) Fri-Thu 2:30-5-7:30-10:10
Turbo (G) Fri-Tue 2-4:30-7:10-9:30 Wed 11:30-2-4:30-7:10-9:30 Thu 2-4:30-7:10-9:30
The Wolverine 3D (14A) No Passes Fri-Thu 1-4-7-10

Grant Park 8 Cinemas
1120 Grant Ave.

2 Guns (STC) Dolby Stereo Digital Thu 10:05
The Conjuring (14A) Dolby Stereo Digital, No Passes Fri-Sun 12:50-3:55-7:05-10:10 Dolby Stereo Digital Mon-Thu 12:50-3:55-7:05-10:10
Despicable Me 2 (G) Dolby Stereo Digital Fri-Thu 12:45-6:30
Despicable Me 2 3D (G) Dolby Stereo Digital Fri-Thu 3:35-9:20
Pacific Rim (PG) Dolby Stereo Digital Fri-Tue 12:30-6:45 Dolby Stereo Digital Wed 12:30 Dolby Stereo Digital Thu 12:30-6:45
Pacific Rim 3D (PG) Dolby Stereo Digital Fri-Wed 3:40-9:45 Dolby Stereo Digital Thu 3:40
R.I.P.D. (STC) Dolby Stereo Digital Fri-Tue 12:35-7:10 Dolby Stereo Digital Wed-Thu 4:05-9:50
R.I.P.D. 3D (PG) Dolby Stereo Digital Fri-Tue 4:05-9:50 Dolby Stereo Digital Wed-Thu 12:35-7:10
Red 2 (PG) Dolby Stereo Digital Fri-Thu 1-4-7-9:55
The Smurfs 2 (G) Dolby Stereo Digital, No Passes Wed-Thu 12:25-6:40
The Smurfs 2 3D (G) Dolby Stereo Digital, No Passes Wed-Thu 3:25-9:35
The To Do List (14A) Dolby Stereo Digital Fri-Thu 12:55-3:45-6:55-9:40
Turbo (G) Dolby Stereo Digital Fri-Tue 12:25-3:25-6:40-9:35
The Wolverine (14A) Dolby Stereo Digital, No Passes Fri-Thu 12:20
The Wolverine 3D (14A) Dolby Stereo Digital, No Passes Fri-Thu 3:30-6:50-10

Landmark Globe Cinema
393 Portage Ave

2 Guns (STC) Thu 9:45
Before Midnight (14A) Fri 3:30-7:15-9:45 Sat-Sun 1-3:30-7:15-9:45 Mon-Tue 3:30-7:15-9:45 Wed-Thu 3:30
The Conjuring (14A) Fri 3:45-7:15-9:45 Sat-Sun 1-3:45-7:15-9:45 Mon-Thu 3:45-7:15-9:45
Despicable Me 2 (G) Sat-Sun 3:30 Wed-Thu 3:30-7-9:20
Despicable Me 2 3D (G) Fri 3:30-7-9:20 Sat-Sun 12:45-7-9:20 Mon-Tue 3:30-7-9:20
Grown Ups 2 (14A) Fri 3:45-7:15-9:35 Sat-Sun 1:15-3:45-7:15-9:35 Mon-Wed 3:45-7:15-9:35 Thu 3:45-7:15
R.I.P.D. (STC) Sat-Sun 3:30
R.I.P.D. 3D (PG) Fri 3:30-7:15-9:35 Sat-Sun 1-7:15-9:35 Mon-Thu 3:30-7:15-9:35
Red 2 (PG) Fri 3:45-7-9:45 Sat-Sun 12:45-3:45-7-9:45 Mon-Thu 3:45-7-9:45
The Smurfs 2 3D (G) Wed-Thu 3:30-7-9:20
Turbo (G) Fri 3:45-7-9:15 Sat-Sun 1:15-3:45-7-9:15 Mon-Thu 3:45-7-9:15
The Wolverine (14A) Sat-Sun 3:30
The Wolverine 3D (14A) Fri 3:30-7-9:45 Sat-Sun 12:45-7-9:45 Mon-Thu 3:30-7-9:45

SilverCity Polo Park
815 St. James Street

2 Guns (STC) Thu 9:30
African Cats (G) Wed 11
Andre Rieu Live in Maastricht 2013 (STC) Sun 12:45
The Conjuring (14A) Fri-Thu 12-2:30-5:10-7:50-10:35
Despicable Me 2 (G) Fri 12-2:35-5:05 Sat 11:15-2:35-5:05 Sun 11:50-2:15-4:40 Mon-Thu 12-2:35-5:05
Despicable Me 2 3D (G) Fri 7:35-10:10 Sat 10:50-7:35-10:10 Sun-Tue 7:35-10:10 Wed 10:50-7:35-10:10 Thu 7:35-10:10
Fight Club (STC) Mon 7 Wed 9:30
Grown Ups 2 (14A) Fri 12:25-3-5:30-8-10:30 Sat 11:45-3-5:30-8-10:30 Sun 12:25-3-5:30-8-10:30 Mon 1:30-4:15-8-10:30 Tue 12:25-3-5:30-8-10:30 Wed 11:45-1:30-4:15-8-10:30 Thu 11:50-2:15-4:35-7:25-9:55
The Heat (14A) Fri-Tue 11:55-2:45-5:30-8:15-11 Wed-Thu 7:35-10:25
Little Shop of Horrors (STC) Sat 12:45
The Lone Ranger (PG) Fri-Sat 12:10-3:35-7:05-10:25 Sun 4:20-7:05-10:25 Mon-Wed 12:10-3:35-7:05-10:25 Thu 12:10-3:35-10:25
Monsters University (G) Fri-Sun 11:55-2:40-5:15-7:55-10:40 Mon 11:55-2:40-5:15-10:40 Tue 11:55-2:40-5:15-7:55-10:40 Wed 11:55-2:40-5:15-6:50 Thu 1:10-3:55-6:40
Moulin Rouge (PG) Thu 7
Pacific Rim: An IMAX 3D Experience (PG) Fri-Thu 1:30-4:35-7:40-10:45
R.I.P.D. 3D (PG) Fri-Thu 12:50-3:20-5:50-8:20-10:55
Red 2 (PG) Fri 1:35-4:20-7:15-10:05 Sat 10:55-1:35-4:20-7:15-10:05 Sun-Tue 1:35-4:20-7:15-10:05 Wed 4:20-7:15-10:05 Thu 1:35-4:20-7:15-10:05
Star & Strollers Screening Wed 1
Sinbad: Legend of the Seven Seas (G) Sat 11
The Smurfs 2 (G) No Passes Wed-Thu 12
The Smurfs 2 3D (G) No Passes Wed 11:05-2:35-5:10-7:45-10:20 No Passes Thu 2:35-5:10-7:45-10:20
This Is the End (18A) Fri-Thu 2:15-4:55-7:45-10:20
Turbo (G) Fri-Tue 12:05 Wed-Thu 12:05-2:30-5
Turbo 3D (G) Fri-Tue 2:30-5-7:25-9:55
The Wolverine (14A) No Passes Fri-Thu 1:10-4:15-7:20-10:15
The Wolverine 3D (14A) No Passes Fri 2:10-5:05-8-10:55 No Passes Sat 11:10-2:10-5:05-8-10:55 No Passes Sun 2:10-5:05-8-10:55 No Passes Mon-Tue 1:55-4:50-7:45-10:40 No Passes Wed 11:10-2:10-5:05-8-10:55 No Passes Thu 2:10-5:05-8-10:55
World War Z 3D (14A) Fri-Thu 1:40-4:25-7:10-10

SilverCity St. Vital
110-1225 St Mary's Rd

Andre Rieu Live in Maastricht 2013 (STC) Sun 12:45
The Conjuring (14A) Fri-Sat 11:55-2:35-5:10-7:45-10:45 Sun 1:20-5:10-7:45-10:45 Mon-Thu 11:55-2:35-5:10-8-10:45
Despicable Me 2 (G) Fri 12:10 Sat 11:05-12:10 Sun 12:25 Mon-Wed 12:10 Thu 1:40
Despicable Me 2 3D (G) Fri-Sat 2:40-5:15-7:55-10:20 Sun 2:50-5:15-7:55-10:20 Mon-Wed 2:40-5:15-7:55-10:20 Thu 4:15-7:10-10:20 Sat 10:50
Grown Ups 2 (14A) Fri-Thu 12:30-3-5:30-8:10-10:40
The Heat (14A) Fri-Sat 1:20-4:15-7:10-10 Sun 4:15-7:10-10 Mon 1:20-4:15-7:35-10 Tue 1:20-4:15-7:10-10 Wed 7:10-10 Thu 10
Monsters University 3D (G) Fri-Thu 11:50-2:25-5
Pacific Rim 3D (PG) Fri-Thu 1:25-4:30-7:30-10:30
Red 2 (PG) Fri-Thu 1:35-4:20-7-9:50
Sinbad: Legend of the Seven Seas (G) Sat 11
The Smurfs 2 (G) No Passes Wed-Thu 12
The Smurfs 2 3D (G) No Passes Wed-Thu 2:35-5:10-7:40-10:20
Turbo (G) Fri-Tue 12 Wed 12:10 Star & Strollers Screening Thu 1
Turbo 3D (G) Fri-Tue 2:30-4:55-7:25-9:55 Wed 2:30-4:50 Thu 4:50 Sat 11:10
The Wolverine (14A) No Passes Fri-Thu 1:30-4:25-7:20-10:15
The Wolverine 3D (14A) No Passes Fri 2:10-5:05-8-10:55 No Passes Sat-Sun 11:15-2:10-5:05-8-10:55 No Passes Mon-Tue 1:55-4:50-7:45-10:40 No Passes Wed-Thu 1:55-4:50-7:50-10:40 World War Z 3D (14A) Fri-Sun 7:35-10:25 Mon 10:25 Tue-Thu 7:35-10:25

The man behind the Sharknado masterpiece

#Sharknado. OK, the movie might not win best picture, but it became a campy classic thanks in part to writer Thunder Levin

ALEXANDRA CAVALLO
Metro World News in New York City

Ian Ziering, second left, and Cassie Scerbo battle a shark in the Syfy original film Sharknado. The network is announcing a sequel to Sharknado, which became an instant campy classic. The new film premieres in 2014. CONTRIBUTED

If you have a television and a Twitter account, and you're not aware of the bizarre phenomenon that is Sharknado, then we can only imagine that you were in a temporary coma when the movie premiered on Syfy last week.

For those of you who have only recently re-joined the waking world (welcome back!) here's a quick primer: Sharknado is a movie about a freak tropical storm that somehow sucks man-eating sharks out of the ocean, whipping them into a cyclone of dead eyes and sharp teeth, and depositing them in downtown Los Angeles. Sharks, in a tornado. That's about the extent of it — it is somewhat brilliant in its absurd (so absurd) simplicity.

When Sharknado premiered, people lost their freaking minds. Twitter almost imploded, with #Sharknado generating about 5,000 tweets per minute over the course of a few hours. Because, dudes, Sharknado. We caught up with the man who wrote the damn thing, Thunder Levin, to ask, a few pertinent questions.

OK, how the hell did you come up with the idea for a movie ... about sharks ... in a tornado. Take me through the process.
I'm sorry to say the initial idea didn't come from me. I had been involved with a couple of films for The Asylum (the company that produces a lot of the Syfy movies) and they came to me and asked me to write a movie for them called Shark Storm, but it was going to be a fairly straight disaster movie and it didn't really interest me. Then, about a month later, they came back and asked me to write something called Sharknato. At least that's what I thought they said. I couldn't understand why the North Atlantic Treaty Organization would be battling sharks. But they explained, "No, Sharknado. As in a tornado filled with sharks!" They gave me a half page of notes and I said, "This is the most ridiculous thing I've ever heard of and, as long as I can write it that way, I'm in!" The concept came to them from Syfy, who apparently had received a pitch with that title from Anthony Ferrante. So the whole thing came full circle when I, in perhaps my dumbest career move ever, withdrew from directing the film and Anthony was hired to make it.

Did you have any idea the kind of phenomenon this thing would be?
Of course not. Who could have imagined all this?! I thought it would be a fun movie that people would have fun with. And once I saw the poster and tagline last November, and realized that the marketing of the film would tap into the same sense of fun I'd tried to put in the script, I thought we had a good chance to do fairly well. But I don't think anyone could have predicted the explosion that occurred. It's just been unbelievable.

Did you see Snakes on a Plane? All the Sharknado buzz reminds me of when that movie first came out.
EXACTLY! I was at opening night of Snakes on a Plane and it was like a party in the theatre. People were yelling out lines of dialogue and talking to the characters and throwing popcorn at the screen! It was one of the best experiences I've had in a movie theatre (even though I usually hate it when people talk during a movie!). And I think what happened last Thursday night with Sharknado was the Internet equivalent of that.

Were you following #Sharknado on Twitter when the movie premiered? People were losing it.
Yes, I was part of the live tweet that the Asylum had scheduled with some of the people behind the movie. The organized tweetcast got completely overwhelmed by the huge public response. I'd look down to type a tweet and by the time I looked back up at the screen a couple of seconds later another 200 tweets would have come in. It was crazy.

Do you think that, from here on out, you will always be known as the guy responsible for Sharknado?
I guess that will be both my blessing and my curse.

Price went down? Cheer up!

Book now and get the WestJet Vacations Price Guarantee*.

What's the WestJet Vacations Price Guarantee? It's our way of saying *don't worry*. Simply book your vacation early to lock in the lowest price. If the price of your WestJet Vacation package drops after you've booked, just let us know and we'll gladly refund you the difference in WestJet dollars® (they can be used like cash towards the purchase of future WestJet flights and vacation packages, with no blackout periods).

The best part is you can use the Price Guarantee an unlimited amount of times should the price continue to drop.

VACATION PRICE GUARANTEE

Book by: October 31, 2013

Travel between: September 3, 2013 to June 23, 2014

Book early at **westjetvacations.com/priceguarantee** or call your travel agent.

WESTJET vacations

*Offer valid on a minimum 3-night WestJet Vacations booking made between July 11, 2013 and October 31, 2013 (11:59 p.m. MT) inclusive, for travel from September 3, 2013 until June 23, 2014 inclusive. WestJet Vacations Price Guarantee is valid up to 21 days prior to departure. To qualify, an identical lower-priced WestJet Vacations package must be found by the guest. Reimbursement will be granted when the guest calls 1-877-737-7001 with their booking reference number to notify WestJet Vacations of the lower price while the price is available online, and the WestJet Vacations agent verifies the difference. Approved reimbursements will be issued in WestJet dollars® Non-refundable and non-transferable. New bookings only. Not valid on group bookings. Offer is available to WestJet Rewards members only. To join, visit westjet.com/rewards. Offer is subject to change without notice. WestJet reserves the right to amend or discontinue the offer at any time. For full offer details please visit westjetvacations.com/priceguarantee. ®Registered trademark of WestJet Airlines Ltd. WestJet dollars is a registered trademark of WestJet Airlines Ltd.

What the Internet washed up

SOUND CHECK
Alan Cross
scene@metronews.ca

Ancient Radiohead, Sirvana and The Groupies resurfaced on the web this week

Lemming Trail/ Radiohead

In 1986, a new Oxford, U.K., band called On a Friday issued a nine-track demo cassette. Now that band is called Radiohead, and a copy of the cassette is expected to fetch big bucks at an auction in September.

Get Back/ Sirvana

When Paul McCartney played Seattle last week, he invited some special guests to the stage: Dave Grohl, Krist Novoselic and former Nirvana sideman Pat Smear. You call this Nirvana reunion "Sirvana," apparently. Magic.

The Groupies/ Er, some groupies

In 1969, a record featuring nothing but interviews with woman interested in sleeping with rock stars hit the stores. Fascinating cultural anthropology.

Gomez won't give press the reaction they crave

New album. In addition to declining to talk about Bieber, pop star won't rule out whether this will be her last musical effort

Selena Gomez. GETTY IMAGES

While her on-again, off-again beau Justin Bieber has made a sport of angrily antagonizing the ever-present paparazzi, Selena Gomez rarely seems in danger of losing her poise amid the prying gaze of tabloid photographers.

But it's not because she condones their behaviour.

"I don't really want to give them what they want, you know?" the 21-year-old singer with the long, dark chocolate locks said in a recent interview. "I don't agree with it (and) I don't like it. I want to go to the grocery store and hang out with my friends at the movies and not be bothered by grown men with cameras — that's awkward.

"But at the same time, it's a part of what I have to do and I have to sacrifice that, I guess. I just try to keep my head down because I know exactly what they want. They want a reaction and I don't want to give it to them."

Indeed, the Disney-reared star always seemed especially calm in contrast to Bieber's perpetual storm — not that she'd talk about that, of course. Journalists were strictly forbidden from mentioning the Stratford, Ont., pop star's name in the interview, a point mentioned several times then punctuated by the hulking body guard positioned by the hotel-room door.

Gomez, we're told, only wants to talk about Stars Dance, her fourth album overall and first without the backing band the Scene. And potentially her last.

She's not discounting a return to recording in the future, but seems more intrigued by her future as an actress.

"This (music) industry's so fickle, you can't trust it — one day you're good, the next day you're gone. So that's the tricky part," she said. "I've been telling people that this might be my last record for a while." THE CANADIAN PRESS

THE PERFECT PLACE TO PLAY.
Fargo-Moorhead's unique, ever-changing variety of attractions, shopping and warm, friendly people makes us the perfect getaway.
FARGO•MOORHEAD
Always Warm!SM
Visit fargomoorhead.org to download a free visitors guide or join the F-M Social Network.
800-235-7654 • facebook.com/fargomoorhead

Train has released its sixth album, California 37. GETTY IMAGES

Putting the Train back on tracks

Music. Calling all angels (and mermaids) — Train is back on the touring rails promoting their sixth studio album

MEREDITH ENGEL
Metro World News

When we spoke to Pat Monahan, the lead singer of Train, he was in Chicago, getting ready to depart for New York — by tour bus, unfortunately, not train — as part of a tour in support of its sixth studio album, California 37. We hitched a ride on Monahan's train of thought.

There must be nothing like playing Jones Beach in the summer.
This is one of the highlights of our career. The whole Long Island area — my friend Theresa Caputo, who is the Long Island Medium, those are, like, my people. Those are the people I feel most connected with.

Wait, the Long Island Medium is your friend?
Yeah. My daughter was (one day) like, "I gotta watch my show, Dad, I gotta hang up." I was like, "You're too young to have a show." She told me what it was, and I found it on YouTube and cried for about four hours watching it. ... (Caputo) came to see us in Central Park last summer, and we've become friends since then.

We hear fans have been dressing the part for your Mermaids of Alcatraz tour.
People are just having a lot of fun with it. I remember reading a tweet like two months ago and this guy was like, "You're telling your fans to dress up as mermaids? Dude, you've really sold out." And my response was, "Dude, we sold out 15 years ago." (Laughs). Because it's just like, who cares? If you don't want to have fun with us then don't come.

You recently said that this is the happiest you've been on tour.
Yeah, it is. Last summer, I was struggling with losing my voice, and my father had just passed away prior to the tour, and I hadn't really had a break in many years, so I started the tour kinda depressed. ... A few months ago, a chiropractor read my chart. ... He said at our age, our adrenal gland is basically depleted, and our adrenal gland is what handles stress. So, here I am, I lost my dad, and that was like the straw that broke the whole back, I guess. I didn't know where to put my stress so it all started to go to my vocal chords. So he put me on a supplement to help kick start my adrenal gland, and gave me an adjustment, and I have not had vocal problems since. That's part of the joy — I don't have to come out and worry if I can sing.

Wine guys

They also have their own wine label. Pat Monahan talked about why.

- **Quote.** "Being from San Francisco, we thought, 'How can we bring San Francisco to people that don't get to go there?' We thought, 'Let's start by bringing some of the best (wine) San Francisco has to offer, and then let's give the money to an awesome place.' We chose a really cool charity in San Francisco called Family House. I think the favourite right now is called Soul Sister — that's our pinot."

EMPLOYEE PRICING
is back in the Heart of the City
2013 FORD ESCAPE SE AWD
240 Hp, 2.0L Eco-Boost, Auto, A/C, power group and more.
$28,611
2013 FORD FUSION S
2.5 L, 6 spd auto, A/C, ABS, SYNC, power group and more.
$21,564
2013 FORD FOCUS S
2.0 L, A/C, ABS, power locks, front and side airbags and more.
$15,239
2013 FORD FIESTA SE
Sport with A/C, SYNC, spoiler, alloys, heated seats and more.
$14,901
LANDAU
FORD • LINCOLN
555 EMPRESS STREET
204-772-2411
www.landau.ca
All prices are plus freight plus applicable taxes.

This is what real mothers look like

Mummy-tummy.
Kate applauded for not hiding post-childbirth silhouette

As Kate and William showed off the royal baby, what caught the eye of many women was not the new heir to the throne but the Duchess of Cambridge's post-childbirth silhouette: that little bump under her pretty polka-dot dress.

"I love that she came out and there was a mommy tummy. It was there! We all saw it!" said Lyss Stern of New York City, who remembers turning down offers of a girdle and diet pills after her first child was born nine years ago.

Stern, whose company Divamoms.com organizes events and product launches, added that Kate was sending "the right message," in stark contrast to Hollywood celebrities who are shown "three weeks after childbirth with a flat stomach and G-string bikini. That's not real."

Even those who make a living getting new moms into shape applauded Kate. "I'm thrilled that she went out there like that, because we never see real mommy tummies," said Helene Byrne, a personal trainer in Oakland, Calif., who specializes in pre- and post-natal exercise. "When you see a magazine or photos of new celebrity moms, they're Photoshopped. They're fake! They're a big lie!"

The Daily Beast even ran a headline saying Kate's "unabashed baby belly busts the last taboo of pregnancy." Indeed, most celebrity new moms don't have their pictures taken until their tummies are flat again. And while the stars usually credit diet and exercise with making their bodies bikini-ready so fast, gossip and plastic surgeons often cite something else: the popular procedure known as a tummy tuck.

People magazine has an entire online archive devoted to "Body After Baby: Celebrity moms show off shockingly svelt figures after giving birth," but the magazine declined to comment Wednesday on the example set by Kate. Meanwhile, the summer's other celebrity mom, Kim Kardashian, has yet to be seen in public. Us Weekly reported that she won't leave the house until she's ready to "debut her post-baby body."

Nobody can say whether Kate consciously chose to send a message that this is what new mothers really look like, or whether she didn't realize — or didn't care — how obvious her tummy would be. Either way, she un-self-consciously handed the baby off to her husband rather than using the newborn to camouflage her figure from the cameras and crowds when she emerged from the hospital Tuesday. And her form-draping dress was a contrast to the caftan-like outfit that hid Princess Diana's figure when she appeared publicly for the first time after giving birth to Will in 1982.

Nancy Manister, who worked for 20 years as a maternity nurse and now teaches at Fairfield University in Connecticut, even noticed a moment during the photo op when Kate "clasped her hands together underneath the belly, and I thought, 'She's not trying to hide it.'" As for anxious new moms wondering when that bump will go away, Manister says, "it takes six weeks to lose 25 pounds, and a full year" to get your old body back.

THE ASSOCIATED PRESS

Prince William and Kate, Duchess of Cambridge, hold the Prince of Cambridge on Tuesday as they pose for photographers outside St. Mary's Hospital in London. JOEL RYAN/THE ASSOCIATED PRESS

Apps

2life

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

iPhone/iPad
Free/$9.99 Subscription

This messaging app allows couples to plan dates and life projects by sharing lists, calendars, photos, and journals. Keeping connected is free while unlimited sharing requires a yearly subscription fee.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Amanda Bynes ALL IMAGES GETTY

Amanda Bynes' folks aim to legally step in and save their daughter from herself

Amanda Bynes' parents, Rick and Lynn Bynes, are heading to court to request a temporary conservatorship of their troubled daughter, according to Radar Online. "Her parents will both be petitioning to be the temporary proposed conservators and want control of her personal and financial affairs," a source says, adding that Rick and Lynn "are hopeful that the judge will take into consideration that she tried to start a fire in a stranger's driveway and burned her pants in the process. Her behaviour is completely unpredictable and she needs long-term mental health help."

The Word

Bristling Baldwin gives shamed Weiner a hard time

Alec Baldwin is no Anthony Weiner fan. The former 30 Rock Star is calling for the scandal-prone New York City mayoral candidate to withdraw from the race after it was revealed Weiner resumed his habit of sexually explicit online conversations with women other than his wife after a similar scandal forced him to resign from Congress in 2011. "Weiner has only one problem that disqualifies him from the race and that is that he is clearly addicted to reckless behaviour," Baldwin writes in an opinion piece for the Huffington Post. "Weiner should quit, walk away, let some time wash over his reversals and re-emerge, another day, to attempt some future race for public office."

Toni Braxton

Braxton's 12-year marriage ends amicably

It only took three years, but Toni Braxton has finalized her divorce from her husband of 12 years, Keri Lewis, after separating in 2009, according to E! News. "The couple has had an amicable split and will still both be actively involved in raising their two sons, 11-year-old Denim and 10-year-old Diezel," her rep says in a statement. Braxton herself addressed the news on Twitter, posting simply, "Sometimes it takes a thousand tries to win."

Twitter

@TomArnold
The fact that you keep writing me to help because @therealroseanne blocked you indicates to me that you were blocked for stupidity.

@pattonoswalt
"I started playing D&D as a fighter, then switched to thief, and then to druid..." -- from my unsold AMC pilot, BREAKING BARD

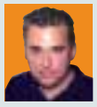
@JasonAlexander
So honored that the future King of England will bear the proud and noble name of "George". Serenity Now!

CLEAN UP YOUR ACT
SimplyRecycle.ca

MMSM
Multi-Material Stewardship Manitoba
Industry funding recycling

Liquid Assets

Past Portugal's fortified sips



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

Portugal's reputation as the world's premier fortified winemaker hasn't done it any favours when it comes to promoting its other wines.

Port is polarizing, and I've been asked more than once if all Portuguese wines have spirit added.

The country has been making non-fortified reds, whites, rosés and sparklings for centuries. None see a drop of spirit and all would get a lot more attention if it wasn't for their Spanish neighbours hogging all the Iberian Peninsula limelight.

Like all warmer climate countries, Portugal knows its way around a refreshing wine and Vinho Verde (or green wine) is its classic warm weather white. Though the northern region that shares its name makes other colours, it's the chillable white version that the locals reach for when temperatures rise.

Made from an eclectic blend of indigenous fruit, the Gazela Vinho Verde ($8.30 to $12.49) is a relaxed, citrusy thirst-quencher with a light lemony body, forward acidity and a zesty hint of fizz.

Served well chilled, or even over ice, it works amazingly well with summery dishes like barbecued chicken, shellfish and salads as well as fresh fruit and creamy goat cheese.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

The anatomy of grilled cheese

When you were a child, you thought like a child: grilled cheese sandwiches were made from slices of Velveeta melted between slices of skillet-toasted white bread. Now that you are an adult, it's time to update the sandwich for a more grown-up palate.

THE ASSOCIATED PRESS/ W. WAYT GIBBS, EDITOR-IN-CHIEF OF THE COOKING LAB, THE CULINARY RESEARCH TEAM LED BY NATHAN MYHRVOLD

Bread

Begin by using better bread. In place of the squishy white stuff, try something with more substance: thickly-cut slabs of flavourful sourdough, sweet brioche or crunchy baguette.

Gooeyness

Next, add interesting texture or flavours to the filling. Thin slices of sweet apple and jalapenos complement sourdough slices. The brioche makes a delicious breakfast or brunch when stuffed with sliced ham, sautéed mushrooms and a fried egg. A baguette yields a bruschetta-like grilled cheese sandwich when dressed with fresh basil leaves, pesto and tomato confit.

Texture

You can use the fanciest, stinkiest, crumbliest cheese if you borrow a trick from food scientists at Kraft. Flip over a box of Velveeta and you'll find, among other ingredients, the reason it melts so uniformly: sodium citrate. This white, crystalline ingredient is a salt of citric acid. Buy sodium citrate at some brewer supply stores or order it online. Just dissolve 11 grams of sodium citrate into 1 1/8 cups (265 mm) of milk or water over medium heat, bring to a simmer, and gradually whisk in 285 grams of finely grated cheese (3 to 4 cups). As the cheese melts, the sodium citrate serves as an emulsifier and prevents the fat from splitting off to form a greasy slick on top. If possible, weigh the cheese because volumes can vary with the kind of cheese and fineness of grating.

Aged White Cheddar on Sourdough with Apples

For the cheese slices:
- 3 tsp (14 g) sodium citrate
- 1/2 cup (115 mm) water
- 6 cups (380 g) aged white cheddar cheese, grated

For the sandwich:
- 8 slices sourdough bread, 1/2 inch thick
- 8 very thin slices apple
- 3 tbsp(30 g) thinly sliced jalapenos

Lightly oil a baking sheet and heat it in an oven set to its lower temperature.

In saucepan over medium heat, dissolve sodium citrate in water, then bring to simmer. Add grated cheese to simmering water a handful at a time while whisking until all of the cheese is completely melted.

Pour the melted cheese onto warmed baking sheet. Tip sheet back and forth to form single layer of even thickness. Cover cheese layer with plastic wrap, and place in the refrigerator until set, about 2 hours. Slice cheese into pieces.

When ready to prepare the sandwiches, heat a large, heavy skillet over medium.

Butter outward-facing sides of each bread slice, assemble sandwiches, each with slice of cheese, slice of apple and bit of jalapenos. Add a sandwich to the skillet and pan-fry until the bread is golden brown and the cheese is melted, 2 to 3 minutes per side. Repeat with remaining sandwiches.

The White Tower Restaurant

BOGO
GET A FREE ENTRÉE
WITH A PURCHASE OF A SECOND ENTRÉE
(VALUE UP TO $20) WITH PURCHASE OF ANY 2 DRINKS
No cash value, 1 per table, taxes + gratuity extra, not valid with any other offers, does not include alcohol, dine-in only. Expires August 1, 2013.

P.S. You can enjoy the summer weather on our outdoor patio!

BREAKFAST SPECIAL
EVERY SUNDAY MORNING (9am-11am) $3.99

3670 Roblin Boulevard (204) 896-0406

How many home-based businesses CONTINUALLY let you returnyour USED merchandise, for a FULL retail credit towards NEW merchandise??
Even when you received a HUGE DISCOUNT???
Lia Sophia is HARD not to love!!!
Whether you want a well-paying hobby with a ton of write-offs, or a very profitable business; I would LOVE to show you how!
Christine Neustaeter 204-330-4663
www.liasophia.ca/christine1
lia sophia

Read metro your money every Tuesday for financial tips, trends and advice.
Only in Metro. News worth sharing.

Bombers Goltz to do what they Goltz to do

CFL. Backup QB promoted in place of ailing Pierce while Stampeders are unsettled under centre

Justin Goltz scores a touchdown against the Tiger-Cats on July 13 in Guelph, Ont. Goltz will make his first career start when the Bombers take on the Stampeders on Friday. KAZ NOVAK/THE HAMILTON SPECTATOR

The Calgary Stampeders will make a game-day call on their starting quarterback, but the Winnipeg Blue Bombers have locked in backup Justin Goltz for Friday.

Regular Winnipeg starter Buck Pierce didn't seem too pleased with the decision Thursday — not that he didn't wish Goltz well, but he said he feels healthy enough to play.

"I'm a teammate first and that's what I'll be," he said.

"Am I happy about it? You know I'm not, but I want to make sure that we go out there and we perform."

Pierce said he didn't know whether his job as a starter was in jeopardy after a 1-3 start to the season.

"It's up to them, it's out of my control," he said.

Head coach Tim Burke dismissed any suggestion the decision not to start him was related to anything other than his health.

"If he was healthy, he'd be starting, but he's not so he isn't," the coach said, suggesting that Pierce will insist he's healthy enough to play "as long as he's breathing."

"I'm sure he's not happy that he's not playing but you know it is what it is, he's hurt. To put him out there and risk further injury or more serious injury would be, I mean, it just wouldn't be very ethical on our part."

As for Calgary, Burke says he expects to see Bo Levi Mitchell when the whistle blows, although Calgary coach John Hufnagel hasn't made that clear, keeping Drew Tate's return a possibility.

"It will be a game-day decision between Drew and Bo," Hufnagel said this week as his team prepared to face the Bombers at Investors Group Field.

Kevin Glenn is No. 3 at best for the Stamps after getting roughed up in their come-from-behind win over the Montreal Alouettes last week that lifted Calgary to a 3-1 record in second place in the CFL West.

Tate appears to be getting back in shape after taking a break due to a muscle strain in his throwing arm.

"I really wasn't that concerned," Hufnagel said of his quarterbacking choices this week.

"I'm disappointed in Kevin's progress. I thought I would have an opportunity to pick one of the three."

Burke said he made his starter call Wednesday, based on Pierce's condition after a helmet hit to the abdomen in Winnipeg's 35-19 loss to the Toronto Argonauts last week.

He's still on the depth chart but at No. 3, behind CFL rookie Max Hall, and Burke suggested if he did take the field all they'd let him do would be hand off the ball. THE CANADIAN PRESS

Week 5 pick

W

Four-year CFL veteran Justin Goltz will make his first career CFL start against Calgary in Buck Pierce's stead.

The good news for Winnipeg's defence is defensive tackle Bryant Turner is expected to play. He's missed the last two games with a chest injury and was leading the CFL in sacks before he was hurt.

Who starts for Calgary (3-1) remains a mystery. Third-stringer Bo Levi Mitchell could be under centre versus Winnipeg.

Whoever plays quarterback still has running back Jon Cornish (413 yards) to hand off to and reliable receivers such as Nik Lewis and Joe West to throw to. And Calgary showed its resiliency last week rallying past Montreal.

Pick: Calgary.

4 SPORTS

Average Joe's
Provides a Shuttle Bus to and from each home game at the New Investors Group Field. Arrive early as seating is limited.
RAMADA
VISCOUNT GORT HOTEL
1670 Portage Avenue
Winnipeg,Manitoba,Canada
Phone: 204.775.0451
www.viscount-gort.com

Goldeyes sew up series win over Sioux Falls

Baseball. Winnipeg bats come to life in effort to make hay in North Division

Goldeyes right-hander Chris Kissock delivers during Thursday afternoon's match up against the Sioux Falls Canaries at Shaw Park. The Goldeyes won 8-1. SHANE GIBSON/METRO

The Winnipeg Goldeyes' offensive revival is on as the team's bats came to life in an 8-1 win over the Sioux Falls Canaries Thursday, lifting their record back to .500.

Winnipeg starter Edgar Osuna earned the win (2-1, 2.03 ERA), allowing only one run on three hits through 6 1/3 innings. The 25-year-old, fresh off Tommy John surgery in 2012, added four strikeouts and walked a pair.

Tied 1-1 through five, Winnipeg (31-31) put up runs in the sixth, seventh and eighth, peppering three of four Canaries pitchers with multiple earned runs.

Sioux Falls threatened in the eighth, but reliever Chris Kissock shut the door with two on and none out to retire the side and keep the game at 5-1.

Outfielder Fehlandt Lentini and catcher Luis Alen each had two RBIs while first-baseman Ryan Scoma scored three runs as he went 3-for-4 at the dish.

The series win is the third in a row for Winnipeg as it chases down St. Paul and Fargo-Moorhead in the North Division standings.

DARRIN BAUMING/FOR METRO

MLB

A-Rod on Friday's game: 'Enough doctors, let's play'

Alex Rodriguez says he's ready to rejoin the New York Yankees.

A day after a doctor retained by A-Rod contradicted the team's diagnosis of a strained quadriceps, Rodriguez pushed for the Yankees to activate him from the disabled list for Friday's homestand opener against Tampa Bay.

"I think the Yanks and I crossed signals," the three-time AL MVP said in a statement. "I don't want any more mixups. I'm excited and ready to play and help this team win a championship. I feel great and I'm ready and want to be in the lineup Friday night. Enough doctors, let's play."

Rodriguez, who turns 38 Saturday, has been sidelined since hip surgery in January. He earns $153,005 each day during the season, and while he remains on the disabled list much of his salary is covered by insurance.

THE ASSOCIATED PRESS

MLB

Jays' Morrow likely done for the season

Brandon Morrow's season is effectively over after the Toronto Blue Jays starter was diagnosed with a nerve injury in his right forearm.

Morrow has an entrapped radial nerve that will keep him from throwing for the next six weeks. Renowned orthopedic surgeon Dr. James Andrews made the diagnosis, which the team announced Thursday.

"He was feeling better, but he wasn't making a whole lot of progress," manager John Gibbons said. "They recommended six weeks off, and when you look at six weeks, how much time is left?... Hopefully when that six weeks is up, he starts getting on the mound so that when the year is over he's at least thrown from the mound."

Morrow went 2-3 with a 5.63 ERA in 10 starts before leaving the Blue Jays' May 28 game after two innings.

THE CANADIAN PRESS

THE 30TH ANNIVERSARY 5 DAY SALE
LOWEST PRICES OF THE YEAR
TWO DAYS LEFT!
JULY 2013
Don't Forget!
0% 0% 0% 0%
2013 ELANTRA GL
WAS $19,980 NOW $16,480♦
INCLUDES $3,500 IN PRICE ADJUSTMENTS Ω
2013 GENESIS COUPE
WAS $28,200 NOW $24,700♦
INCLUDES $3,500 IN PRICE ADJUSTMENTS Ω
2013 VELOSTER
WAS $21,330 NOW $18,330♦
INCLUDES $3,000 IN PRICE ADJUSTMENTS Ω
2013 SANTA FE 2.4L FWD
WAS $28,395 NOW $26,395♦
INCLUDES $2,000 IN PRICE ADJUSTMENTS Ω
WINNIPEG HYUNDAI
3700 Portage Ave • (204) 318-3180
winnipeghyundai.com

American Steeles 1st round of Canadian Open with 8 birdies

Golf. Ontario's Brad Fritsch and David Hearn still in the hunt at Glen Abbey

Even though half the field had yet to play on Thursday, the first round of the 2013 RBC Canadian Open was largely decided by noon.

Brendan Steele held on to his early clubhouse lead to win the first round of the Canadian Open after shooting a 7-under 65, with no golfer in the afternoon grouping able to crack the top five of the $5.6-million PGA Tour event in Oakville, Ont.

Joe Affrunti came closest. His 4-under 68 performance tied him for seventh.

Brendan Steele leads the Canadian Open after the first round.
FRANK GUNN/THE CANADIAN PRESS

"Today was probably the most complete round that I've had all year, so that was kind of nice," said Steele. "Didn't miss many greens, didn't hit many shots off line, and I was able to roll a few putts in."

The 30-year-old Steele played consistent golf over the par-72, 7,253-yard Glen Abbey Golf Course, only bogeying the par-4 ninth hole. Steele had eight birdies, five on the front nine alone.

Scott Gardiner, Matt Kuchar and Scott Brown all tied for second, one shot off the pace.

Gardiner was tied for first after eagleing on the par-3 15th hole, but he bogeyed on the next hole to drop back into a tie with Kuchar and Brown.

Ottawa's Brad Fritsch was the top Canadian after a 3-under 69 performance. He birdied his final three holes to pass David Hearn of Brantford, Ont., on the leaderboard. Hearn finished 2 under.

THE CANADIAN PRESS

Federer continues to fall

Roger Federer reacts during his match against Daniel Brands in the second round of the Suisse Open tennis tournament on Thursday in Gstaad, Switzerland. Federer had trouble handling Brands' serve and big forehands on the clay surface. The German right-hander won 6-3, 6-4 in just 65 minutes.
PETER SCHNEIDER/KEYSTONE/THE ASSOCIATED PRESS

NHL

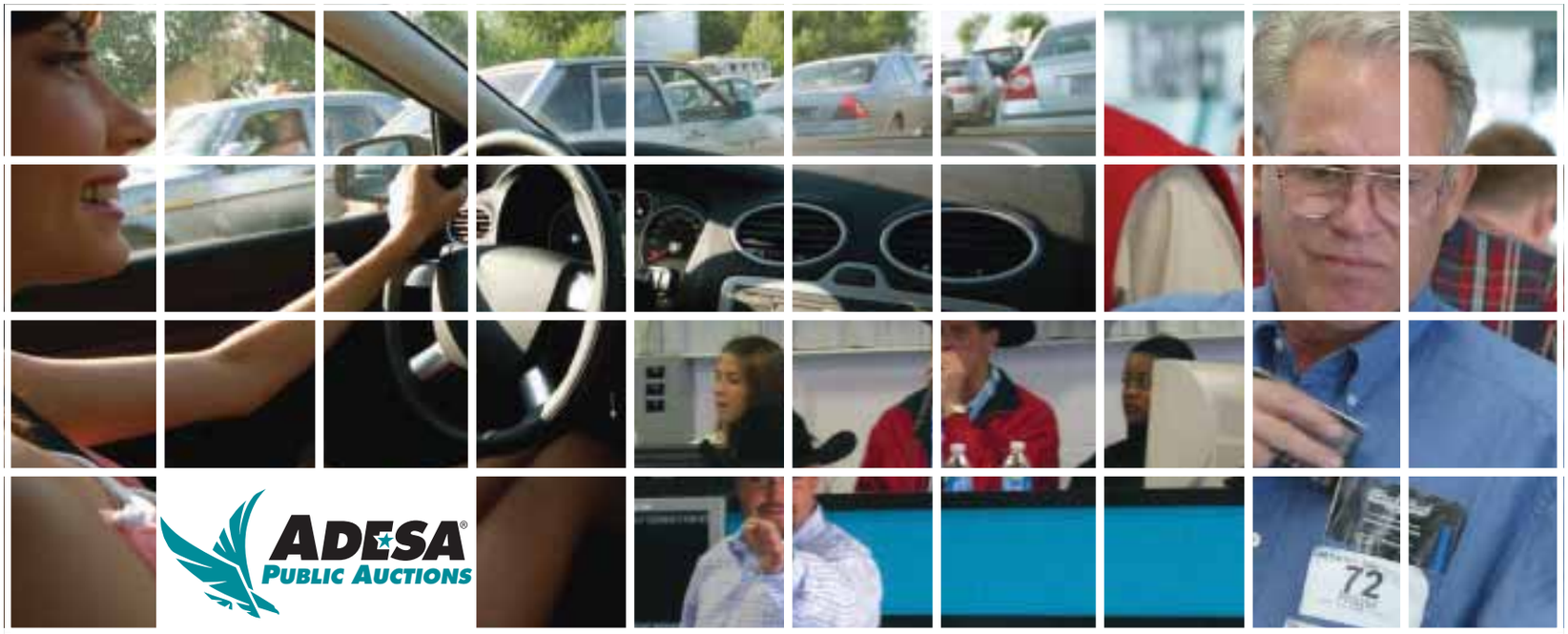
Nonis given keys to Leafs' future in five-year deal

These Toronto Maple Leafs were built in Brian Burke's image of truculence and grit. Six months after taking over as general manager, Dave Nonis hasn't drastically overhauled the roster.

But the moves he has made so far were enough to earn Nonis a five-year contract extension that gives him some long-term security.

"We all know that there's no short-term fixes in professional sports," Nonis said in a radio interview on Sportsnet 590. "If you're thinking short term you're probably going to do long-term damage."

That's the directive to Nonis and Toronto Raptors GM Masai Ujiri by Maple Leafs Sports & Entertainment president and CEO Tim Leiweke. The new boss's message has been about the future, and in extending Nonis he gave the 47-year-old the keys to the kingdom. THE CANADIAN PRESS



LET US SELL YOUR VEHICLE FOR YOU
GUARANTEED OFFER IN 7 DAYS OR LESS
NO STRANGERS CALLING OR VISITING YOUR HOME
PROFESSIONAL SERVICE – WE DO ALL THE WORK
GUARANTEED FUNDS, SAME DAY PAYMENTS

CarProof VEHICLE HISTORY REPORTS

204-631-3850
www.ADESAPublicAuctions.ca

Horoscopes

♈ Aries
March 21 - April 20
Take care of your health today because you could easily overdo it. That applies to social activities, especially. By all means have fun but respect your limits. Yes, you do have them, just like everyone else.

♉ Taurus
April 21 - May 21
Why are you afraid to ask for advice? Maybe it's because you fear you will be told the one thing you don't want to hear. The point is it's the one thing you most need to hear.

♊ Gemini
May 22 - June 21
Even Geminis have days when their emotions get the better of them and this may be one for you. Whatever others may say or do, you are advised to take none of it seriously.

♋ Cancer
June 22 - July 23
You may be flattered by someone's attention but are they being sincere? According to the planets, they may be buttering you up because there is something they want from you. Find out what it is.

♌ Leo
July 24 - Aug. 23
There is one more obstacle you need to find a way past before you are free to chart a new course. It does not matter how you deal with it so long as you make a choice and stick to it.

♍ Virgo
Aug. 24 - Sept. 23
Try not to come on too strong, either in your personal life or at work, because people may take it the wrong way. You know how much you hate being told what to do. Well, they feel that way too.

♎ Libra
Sept. 24 - Oct. 23
You may wish that someone would be more careful about the company they keep but you must not be too forceful about it. If you insist they steer clear, they will most likely do the opposite just to spite you.

♏ Scorpio
Oct. 24 - Nov. 22
No one is following you and no one is planning to trip you up. So why do you feel this way? Maybe it's just your guilty conscience — again.

♐ Sagittarius
Nov. 23 - Dec. 21
Sometimes you can impose your will on others but it won't be so easy today. In fact, the more you try to tell others what to do, the more they will do something different.

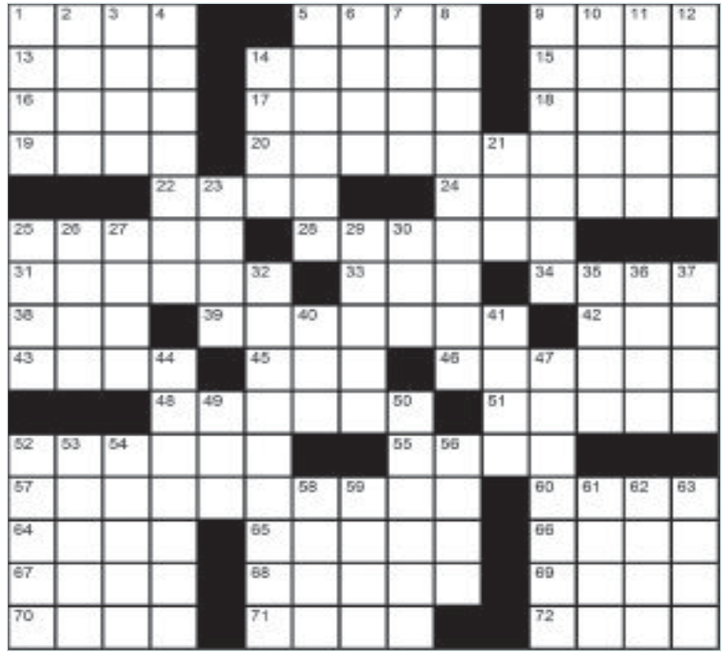
♑ Capricorn
Dec. 22 - Jan. 20
You may be tempted to disappear for a while, to leave the mad world behind you, but the planets say you should stay right where you are and do something decisive. Running never solves any problem.

♒ Aquarius
Jan. 21 - Feb. 19
Do something practical to help a friend in need but draw the line at giving them money. They may mean it when they promise to pay you back soon but the planets warn they may not be able to.

♓ Pisces
Feb. 20 - March 20
A friend is feeling low and needs some kind words. Who better than Pisces to say the right things? Remind them why life is always worth living — and while you're at it remind yourself. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Be at the beach
5. Atkins = Low-__ diet
9. Famed NYC music club
13. Lima's land
14. Work at a wedding reception
15. Seed covering
16. Actress Ms. Arden's
17. O2 __ (Venue in London, England)
18. Network of nerves
19. Work station item
20. "Cruel Summer" group
22. Kiln kind
24. Quake's quiver
25. Library literature
28. Waves enthusiast
31. Spellbound
33. __-expressionism (Art movement)
34. Modify the magazine
38. "___ dreaming?" (Is this real?)
39. Crews on ships
42. 1990s trial Judge
43. Large, informally
45. Wheat: French
46. Dishearten
48. Hotel's car attendants
51. Workshop machine
52. Ask for _ __ (Request more money at work)
55. __ _ aka Sporty Spice
57. Decongestant __ __ (Pharmacy product)
60. Genghis __ (Mongol emperor)
64. Backbone
65. "Tortoise Wins by _ __" (1943) starring Bugs Bunny
66. Kilometre's counterpart
67. Decorate anew
68. Endures
69. Munitions
70. River of Flanders
71. Very: French
72. Clean-cut

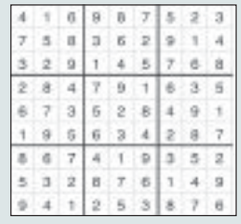
Down
1. Did this, got a ticket
2. "__ Got Tonite" by Bob Seger
3. Wraths
4. 'Cottage Country' in Ontario, __ Lakes
5. Jeweller's fave veggies?
6. _ __ (Bo Derek in her breakthrough film)
7. Actress Ms. Sofer
8. Wayne Gretzky's Ontario hometown
9. Actress, Tia __
10. Shiny-scaled fish
11. US naval base in Cuba, commonly
12. Cloudiness of vision
14. Metered rides
21. Depeche Mode song: "People __ People"
23. Snake sorts
25. Glow with happiness
26. "You Can Count __ __" (2000)
27. Unique, for short
29. Not yet rented
30. Speedwagon's musical partner
32. Product by Canadian brand Windsor: 2 wds.
35. __ Coke
36. Mosquito bite reaction
37. Carry
40. 'Duct' suffix (Malleable)
41. Buy and __, as stock
44. __-style sunglasses
47. "The Wolverine" (2013) star Hugh
49. Non-verbal communication syst.
50. Brains
52. Steamed
53. Some restaurant steak orders
54. Record's spot for the hit
56. "For Your __ Only" (1981)
58. Racehorse flick, "__ Lap" (1983)
59. Tear down, variantly
61. Take on a new employee
62. City in Quebec
63. Up-in-a-tree sight

Yesterday's Crossword

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY	SATURDAY	SUNDAY
MAX: 20° MIN: 10°	MAX: 23° MIN: 11°	MAX: 24° MIN: 14°

BT BREAKFAST TELEVISION
JENNA KHAN
WEATHER SPECIALIST
"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6 AM**

NOW MORE MEN & BIGGER PACKAGES
FREE TRIAL
CruiseLine
204.947.6725
Other cities: 1.877.882.2010
1.900.561.8888 (75 min/$25)
Text "CRUISE" to 96669 (10 min/ $5)
www.cruiseline.ca
18+. RESTRICTIONS APPLY
TAYA!CHAT NORTH AMERICA'S FIRST PANSEXUAL CHAT LINE!
CALL 1 866 292 8293 18+

We'll get you there on time & in Style
London Limos Winnipeg
1595 Erin St., Winnipeg
(204) 488-9590 1-800-268-5816 londonlimos.ca
Stretch SUV's, Limos, Executive Car, Van Service and Limo Bus

Clean & Sober
Addiction & Relationship Counselling
• One to One Counselling
• Couple Counselling
• Relationship Counselling
• Group Counselling
• Anger Management
Marriage Commissioner for the Province of Manitoba
CleanandSobermb.com • 204-334-7595
203-10 Fort Street, Winnipeg, MB R3C 4L3
DAVID G. LOVE
theloves@shaw.ca

EMPLOYEE PRICING IS BACK
at River City Ford

SHARE OUR **PASSION.** SHARE OUR **PRICE.**

Esteban Jerez,
Fleet Manager

+

RIVER CITY FORD PRICE BEAT GUARANTEE

The best price on your new vehicle... **Guaranteed.**

FordEmployeePricing.ca

If you find a lower price on the same vehicle somewhere else, we'll **BEAT IT** or give you **3 YEARS OF FREE OIL CHANGES.**

2013 FORD F-150 S/CAB XLT 4X4

MSRP: $41,049

SAVE $13,650

EMPLOYEE PRICE:
$27,399* OR **$179***

Stock # C82915

2013 FORD F-150 R/CAB 4X4

MSRP: $33,449

SAVE $11,669

EMPLOYEE PRICE:
$21,780* OR **$142***

Stock # C82910

2013 FORD ESCAPE

MSRP: $23,299

SAVE $2,700

EMPLOYEE PRICE:
$20,599* OR **$135***

Stock # A32755

2013 FORD FOCUS SEDAN

MSRP: $18,249

SAVE $2,371

EMPLOYEE PRICE:
$15,878* OR **$99***

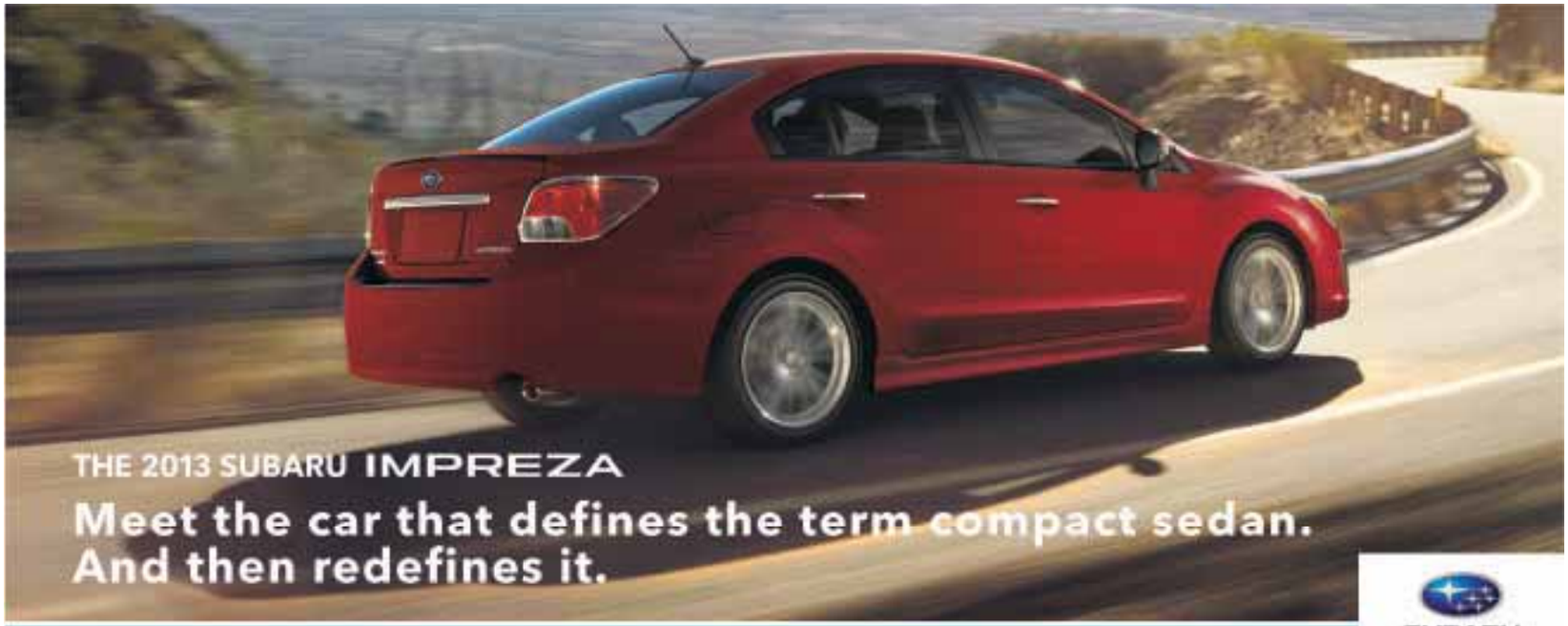
Stock # 281477

VISIT RCFORD.CA TO VIEW OUR FULL INVENTORY OF VEHICLES

*All pricing is based using all of Ford of Canada rebates. All prices are based with $0 (ZERO) down and exclude freight and any dealer installed options. Photos for illustration only. Our 'Price Beat Guarantee' offer is based on ALL new Ford models. Dealer demonstration vehicles, loaners and buybacks are excluded in this offer. The vehicle must have an equivalent MSRP value. Any dealer ADMIN FEES will be considered part of the purchase price. 3 years of oil changes are based on 3 month intervals for a total number of 12. The FREE OIL CHANGES HAVE NO CASH VALUE. Prices are plus applicable taxes. See dealer for all rules & regulations. **WE DO NOT CHARGE ADMIN FEES. DL#4218**

204.837.3636 · rivercityford.ca
3636 Portage Avenue West, Winnipeg

Ford RiverCityFord
Driving Change



SUBARU
Confidence in Motion

With 240 litres of cargo room, IIHS top safety ratings, and symmetrical full-time All-Wheel Drive, the Impreza redefines the compact sedan. In fact, it creates its own new category.

Staying Connected

Bluetooth® mobile phone connectivity is standard on all Impreza models. All models also have a MediaHub with Bluetooth® streaming audio, allowing connection to an iPod® or USB.

SUBARU BOXER Engine

2.0L, horizontally opposed 4-cylinder engine producing 148 hp; choice of manual or optional Lineartronic® CVT automatic transmission.

2013 IIHS TOP SAFETY PICK

FUEL EFFICIENT †

2013 IMPREZA WELL EQUIPPED FROM $19,995*

SYMMETRICAL AWD

AVAILABLE AS A 4-DOOR SEDAN OR 5-DOOR HATCHBACK

subaru.ca

†Fuel consumption figure rating posted by Natural Resources Canada of 5.5 L/100 km (highway) for a 2013 Subaru Impreza equipped with continuously variable automatic transmission and a 55 L fuel tank capacity. Fuel consumption figure should only be used for vehicle comparison purposes. Actual fuel consumption will vary based on driving conditions, driver habits and vehicle load. *Ratings of "Good" are the highest rating awarded for performance in four safety tests (moderate overlap front, side, rollover and rear) conducted by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). To earn a 2013 TOP SAFETY PICK, a vehicle must receive a "Good" rating in all four of these tests. *MSRP of $19,995 on 2013 Impreza 2.0i 4-door (DF1 BF). MSRP excludes Freight & PDI of $1,595. Taxes, license, registration and insurance are extra. $0 security deposit. Model shown is 2013 Impreza 2.0i Limited Package (DF1 LP) with an MSRP of $26,895. Dealers may sell for less or may have to order or trade. Offers applicable on approved credit at participating dealers only. Vehicle shown solely for purposes of illustration, and may not be equipped exactly as shown. See your local Subaru dealer for complete program details.

FRONTIER SUBARU

2537 PEMBINA HWY.
204-944-6604
frontiersubaru.com

BIG SAVINGS AT SUBARU!

2009 Subaru Impreza AWD

Local lease return, MT, Air, PW, PL, Low Kms
stk# 92740

ENJOY FOR $12,999

2010 Subaru WRX 265 AWD

Now this is fun. 265hp of energy and adrenaline. Factory warranty. 7 others availale.
stk# 92770

ENJOY FOR $23,831

2011 Mazda 3 Sport

Lots of factory , Only 19,000kms Stk# 13261a

ENJOY FOR $15,939

2011 Subaru Legacy AWD

LBoxer engine with a CVT transmission. Amazing fuel mileage, Only 15,000kms Stk# 13268a

ENJOY FOR $19,888

2012 Toyota Rav4 V6 Sport

Only 4,000kms, Fully loaded with over $1200 in Accessories. Stk# 14012a

ENJOY FOR $27,248

2012 Ford Escape Ltd AWD

Fully loaded with leather, Navigation system and remote start. Only 12,000kms, Stk# 14067a

ENJOY FOR $27,288

2010 Impreza Sport AWD

Local lease return, full service history. Only 37,000kms, Stk# 13325a

ENJOY FOR $15,928